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## Tuesday



GARRETT ELLWOOD/GETTY IMAGES

The Lakers' Phil Jackson won his 10th title Sunday.

**Perfect 10:** Is Phil Jackson the greatest coach ever? | **14**

**No Vote:** D.C. board blocks gay marriage referendum | **12**



**Swing High:** Trapeze classes let you fly above Chinatown | **FIT**

**lookout**

**Mean Girl:** Sandra Bullock is the not-so-sweet star of a romantic comedy. Plus, the Aggrolites' uplifting new album.

>> **26-35**



## Bloodshed Mars Massive Rally in Iran



AP

**HAND IN HAND:** Supporters of Iranian reformist presidential candidate Mir Hossein Mousavi rally in Azadi Square in Tehran on Monday. Pro-government militiamen fatally shot one man and wounded several others during the protest against Iran's disputed vote. ❖ **'Nightmare':** Violence described | **Page 8**

## Health Care a 'Ticking Bomb'

Obama pitches need for system overhaul to U.S. doctors

**CHICAGO** | President Obama bluntly told doctors Monday he opposes their highest legislative priority — limiting malpractice awards — and got a smattering of boos from an audience he was here to court for his health care overhaul plan.

Vigorously defending the plan to reshape the nation's health care system and extend coverage to millions who don't have it, he also took on "naysayers," "fearmongers" and

other critics who he said are falsely portraying his effort as a big step toward a national government program.

Without offering specifics, Obama did tell the doctors that "excessive defensive medicine" conducted out of fear of lawsuits should be curbed.

One week into a newly aggressive, personal campaign to turn his health care goal into reality by the end of the year, Obama

flew to his hometown to deliver one of the longest speeches of his presidency to the annual meeting of the American Medical Association, painting the need for change in dire terms.

Obama declared the nation's current health care system, with its ever-rising costs and inconsistencies in care, a "ticking time bomb" for the federal budget. "If we do not fix our health care system," Obama said, "America may go the way of GM — paying more, getting less and going broke." (AP)



**WOULD YOU BE IN FAVOR OF THE U.S. LEGALIZING THE USE OF MARIJUANA?** **A** YES **B** NO

VOTE AT [EXPRESSNIGHTOUT.COM](http://EXPRESSNIGHTOUT.COM) OR TEXT **A** FOR 'YES' OR **B** FOR 'NO' TO 98999. FOR MONDAY'S RESULTS, SEE PAGE 32



TUESDAY  
**78 64**



WEDNESDAY  
**70 63**



# eyeopeners



## CLIKUES

### Nerd Briefly Wins His Peers' Respect

A Clifton Park, N.Y., high school computer whiz designed software to shut teachers out of the grading system. A police spokeswoman says 16-year-old Matthew Beighey has been charged with unauthorized use of a computer and third-degree identity theft. He was ordered to return to court Wednesday. The school district says the teenager temporarily blocked teachers' ability to enter grades at the high school. (AP)

## POLITICS

### Uncle Ed Left, Then Went Left

A Philippine lawmaker frustrated by rampant electoral fraud has proposed legislation to get the names of the dead off voter rolls. Rep. Maria Victoria Sy-Alvarado said Monday she wants to make it mandatory for doctors and family members to report deaths to the civil registrar. In some cases, people have voted using names of dead people still on the rolls. (AP)



FABRICE COFFRINI/AP/GETTY IMAGES

## GROSS

### The Spit Thing To Do

Sunday's Cherry Stone Spitting Swiss Championships in Saint-Aubin, Switzerland, marked the 20th anniversary of the small village's Cherry Stone Spitting Guild. Each competitor chooses five cherries and can spit three of the cherry stones on a special blue carpet. This year's female winner spat her pit about 38 feet. The male champion, Christophe Longchamp, left, spat his 49 feet. (EXPRESS)

## WILDLIFE

**"There were buzzards flying overhead, and I wanted to see what they did."**

— DEAN RICHARD MARK, 53, SAYING WHY HE WAS NAKED BEHIND A HIGH SCHOOL IN ZEPHYR COVE, NEV. HE WAS ARRESTED JUNE 8.

## ART

### This Ride Is Really Sketch

New York City taxi driver Fabio Peralta has turned the backseat of his yellow cab into an art studio. When a passenger hops in, Peralta hands the rider a pen and a stack of computer paper. So far, the Dominican Republic native has collected 7,000 sketches. They include depictions of a hummingbird, mountain cabin scenes, President Obama, and some X-rated images. Other passengers use the paper he supplies to write personal confessions. When he gets enough drawings, he binds them into glossy booklets. Peralta gives the booklets to riders who participate in another of his projects: 30-second video skits of passengers. (AP)



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## Poll: Less Time Found For Family

### Networking Web sites may be causing a larger social drift

NEW YORK | Whether it's around the dinner table or just in front of the TV, U.S. families say they are spending less time together.

# 28

The percentage of people in the survey who said they have family members under 18 who spend too much time online.

The decline in family time coincides with a rise in Internet use and the popularity of social networks, though a new study stopped short of assigning blame. The Annenberg Center for the Digital Future at the University of Southern California says 28 percent of Americans it interviewed last year said they had been spending less time with members of their households. That's nearly triple the 11 percent who said that in 2006.

In the first half of the decade, people reported spending an average of 26 hours per month with their families. By 2008, that shared time had dropped to about 18 hours. BARBARA ORTUTAY (AP)

# President: Iran's Unrest Is Troubling

## Obama says election results probe must not end in bloodshed

WASHINGTON | President Obama on Monday said Iranian voters have a right to feel their ballots mattered and urged the investigation into vote-rigging allegations to go forward without additional violence.

The president said reports of violence that followed Iranian elections trouble him and all Americans. He said peaceful dissent should never be subject to violence that followed week-end elections that gave President Mahmoud Ahmadinejad a second term.

"It would be wrong for me to be silent on what we've seen on the television the last few days," Obama told reporters at the White House.

Obama said he had no way of knowing the results were valid — he said the United States had no election monitors in the country — but it was important that the voters' choices be respected.



President Obama meets with Italian Prime Minister Silvio Berlusconi in the White House Monday. Obama spoke briefly about the situation in Iran after the meeting.

**“It would be wrong for me to be silent on what we’ve seen on the television the last few days.”**

—PRESIDENT OBAMA

But he also says he's troubled by the situation in Iran. Obama says any investigation into Iranian election results must not

end in bloodshed.

It was the United States president's first comments after the disputed outcome of Iran's

### GITMO AGREEMENT

→ Italy has agreed to accept three detainees from the U.S. prison at Guantanamo Bay, President Obama said Monday after an Oval Office meeting with Italian Premier Silvio Berlusconi. Last month, Italy's foreign minister, Franco Frattini, said Italy was considering a U.S. request to take two Tunisian prisoners from the detention center in Cuba. (AP)

### PRAISE FOR ISRAEL

→ Obama on Monday welcomed Israeli Prime Minister Benjamin Netanyahu's endorsement of Palestinian independence, saying the development shows the "possibility we can restart serious talks." On Sunday, Netanyahu ended decades of opposition to Palestinian statehood by endorsing an independent state beside Israel. (AP)

presidential election in which Ahmadinejad retained his post. The results set off allegations of ballot fraud and a wave of violence and arrests across Iran that continued on Monday. (AP)



**CHASES Define 'Fun'** Authorities said a 22-year-old man told investigators that he led them on a high-speed chase through two north Florida counties for fun. According to the Levy County Sheriff's Office, Philip Pennypacker is facing charges of high-speed fleeing and eluding, and three counts of aggravated assault on law enforcement officers with a deadly weapon. According to a sheriff's office report, Pennypacker told investigators: "Once I knew I was going to jail, I decided to have some fun." (AP)

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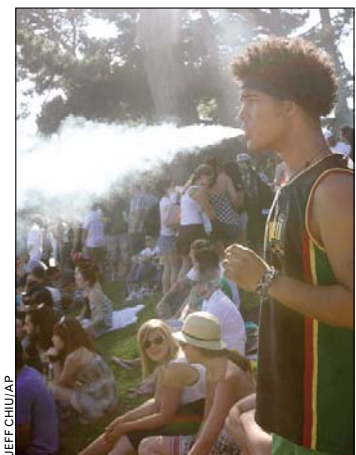
Marijuana advocates say legalization push is gaining momentum

NEW YORK | The savage drug war in Mexico. Crumbling state budgets. Weariness with current drug policy. The election of a president who said, "Yes, I inhaled."

These developments and others are kindling unprecedented optimism among the many Americans who want to see marijuana legalized.

Doing so, they contend, could weaken the Mexican cartels now profiting from U.S. pot sales, save billions in law enforcement costs, and generate billions in tax revenue. Said a veteran of the movement, Ethan Nadelmann of the Drug Policy Alliance: "This is the first time I feel like the wind is at my back and not in my face."

Foes of legalization argue that



Gabriel Cruz, 20, exhales smoke in Golden Gate Park in San Francisco.

already rampant pot use by adolescents would worsen if adults could smoke at will.

Even the most hopeful marijuana activists doubt nationwide decriminalization is imminent, but they see the debate evolving dramatically in recent months.

**40%**

The portion of drug arrests in the United States that are for marijuana use, according to federal statistics.

→ Numerous prominent political leaders, including California Gov. Arnold Schwarzenegger and former Mexican presidents, have suggested it is time for open debate on legalization.

→ Lawmakers in at least three states are considering joining the 13 states that have legalized pot for medical purposes.

→ Rep. Dennis Kucinich, D-Ohio, and Sen. Jim Webb, D-Va., are among several lawmakers contending that marijuana decriminalization should be studied in re-examining what they deem to be failed U.S. drug policy.

→ National polls show close to half of American adults are now open to legalizing pot. DAVID CRARY (AP)



**FILM Lights, Camera, Kerry** Sen. John Kerry, D-Mass., has made it in politics. Now he wants to be a movie producer. Kerry has asked the Senate ethics panel whether he can use \$300,000 from his campaign funds to invest in a documentary about injured Iraq war veterans. The senator has also sought approval from the Federal Election Commission. (AP)

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# Nation

## Gen. Takes Charge At Critical Moment

McChrystal assumes  
command of forces  
inside Afghanistan

KABUL | Gen. Stanley McChrystal, a former top special operations commander, took charge of nearly 90,000 U.S. and NATO troops in Afghanistan on Monday, telling them they must protect Afghan civilians from all kinds of violence.

McChrystal takes over the Afghan campaign at a critical moment: Violence, troop levels and U.S. military deaths have all hit record highs, and President Hamid Karzai has increased pressure on U.S. forces to prevent civilian deaths.

Seeking to shake up the direction of the war, Defense Secretary Robert Gates sent McChrystal to lead the 42-nation effort in Kabul in the middle of U.S. Gen. David McKiernan's two-year assignment, effectively ending the career of a



Gen. Stanley McChrystal salutes during a ceremony Monday in Afghanistan.

four-star general who McChrystal called a "fellow soldier and friend."

McChrystal is expected to take a more unconventional approach to the increasingly violent campaign in Afghanistan, relying on decades of experience with special operators — elite military units such as Navy SEALs and the Army's Delta Force that carry out dangerous and secretive missions.

JASON STRAZIUSO (AP)



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# Nation

## AIG: Former Exec Plundered Shares

The insurer's ex-CEO is accused of taking \$4.3B from company

NEW YORK | The former top executive of American International Group Inc. plundered an AIG retirement program of billions of dollars because he was angry at being forced out of the company, a lawyer for AIG told jurors Monday at the start of a civil trial.

Attorney Theodore Wells told the jury in Manhattan that former AIG chief executive officer Maurice "Hank" Greenberg improperly took \$4.3 billion in stock from the company in 2005, after he was ousted by the company amid investigations of accounting irregularities.

"Hank Greenberg was mad. He was angry," Wells said in U.S. District Court of the man who built AIG into the world's largest insurance provider.

Wells said that Greenberg,



Former AIG CEO Maurice Greenberg leaves federal court in N.Y. on Monday.

within weeks of being forced out in mid-2005, gave the go-ahead for tens of millions of shares to be sold from a trust fund. The fund was set up to provide incentive bonuses to a select group of AIG employees that they would receive upon their retirement.

Greenberg, 84, has contended through his lawyers that he had the right to sell the shares because they were owned by Starr International, a privately held company he controlled. MADLEN READ (AP)



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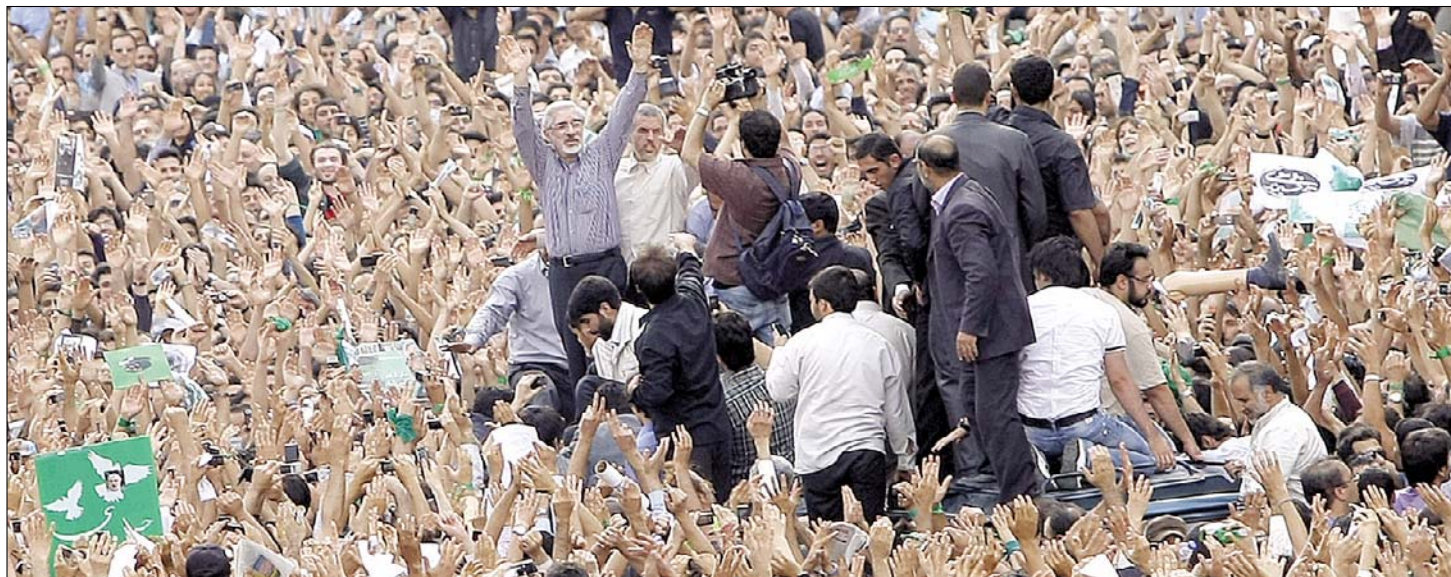
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## World



Iranian reformist leader Mir Hossein Mousavi, center, in gray shirt, waves during a demonstration attended by hundreds of thousands of people in Tehran on Monday.

# Opposition Protesters Flood Tehran

## Gunmen kill 1 man, injure several after rally vs. Ahmadinejad

TEHRAN, IRAN | In a massive outpouring reminiscent of the Islamic revolution three decades ago, hundreds of thousands of Iranians streamed through the capital Monday, and the fist-waving protesters denounced President Mahmoud Ahmadinejad's claim to victory in a disputed election.

Standing on rooftops, pro-government gunmen opened fire on a group of protesters who had tried to

storm the militia's compound. One man was killed and several others were wounded in the worst violence since the election Friday.

Angry men showed their bloody palms after cradling the dead and wounded who had been part of a crowd that stretched more than five miles supporting reform leader Mir Hossein Mousavi.

The huge rally reinforced what has become increasingly clearer since the election: The opposition forces rallying behind Mousavi show no signs of backing down. Their resolve appears to have pushed Iran's Islamic establishment into attempts to cool the tensions after days of unrest.

Police and other security forces

stood by quietly — some sitting on stoops with their batons and shields resting behind them as the marchers swallowed the streets in parts of Tehran. Estimates put the turnout at hundreds of thousands overflowing in the square.

Mousavi made his first public appearance since the polls closed, and he launched his claims that the vote was rigged to re-elect the hard-line president.

"Respect the people's vote!" Mousavi cried through a handheld loudspeaker in Azadi, or Freedom, Square — where Iran's leaders hold gatherings. ANNA JOHNSON (AP)

**“Our friends were beaten brutally today in Azadi [Square]. And this was a peaceful and silent rally. Oh, God. What a nightmare.”**

—MIRRIAAM, TEHRAN-BASED TWITTER USER, MONDAY

### TECHNOLOGY'S TRIUMPH

Even as Iranian authorities blocked Facebook, YouTube and the BBC in Persian over the weekend, Web sites have spread information in Iran.

**1 TWEETS STILL FLY:** Sites that let users post Twitter updates are accessible in Iran, and residents have used them to post news and proxy Web addresses that let Iranians bypass censors. Read tweets from users near Tehran at [Bit.ly/expiran](http://Bit.ly/expiran).

**2 GOING GREEN:** Twitter users from around the world colored their profiles green and attached the tag #Green4Iran to their posts Monday to support the opposition protesters. Read “green” posts at [Bit.ly/expgreen](http://Bit.ly/expgreen).

**3 BRANCHING OUT:** Some Iranian Twitter users posted links to videos of the rally in Tehran, such as one at [Bit.ly/exprally](http://Bit.ly/exprally).

### A DIFFERENT PERSPECTIVE

Despite claims Iran's vote was inaccurate, a pre-election poll by **Terror Free Tomorrow: The Center for Public Opinion and the New America Foundation** suggests the election was not fraudulent.

34%	Were for Ahmadinejad
14%	Were for Mousavi
27%	Were undecided

**In the Post:** For more on the poll, and the latest news on Iran, visit [washingtonpost.com](http://washingtonpost.com).

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## In Brief



In an image from TV, North Korean soldiers participate in a rally on Monday.

## SEOUL, SOUTH KOREA

### Tens of Thousands Rally To Condemn U.N. Sanctions

Tens of thousands of North Koreans rallied in Pyongyang on Monday to condemn the United Nations' rebuke of the country's May 25 nuclear test amid concern the regime could conduct another one. A massive crowd packed the capital's main square, footage from APTN in North Korea showed. The regime often organizes such rallies at times of tension with the outside world. (AP)

## LONDON

### British PM Orders Inquiry Into Iraq War Mistakes

British Prime Minister Gordon Brown authorized a long-awaited inquiry into the Iraq war on Monday but defied requests from bereaved families and campaigners to hold sessions in public. Brown told the House of Commons that an examination of mistakes made during and after the 2003 U.S.-led invasion will begin next month, "to ensure we have a proper process in place to learn the lessons of the complex ... events of the last six years." (AP)

## SULAIMANIYAH, IRAQ

### Kurds: Shelling Destroys Nearly 150 Acres of Forest

Nearly 150 acres of forest have been burned over the past two months due to Turkish and Iranian shelling of Kurdish rebel bases near their borders in northern Iraq, local officials said Monday. The Kurds have long sought to protect natural resources in their semiautonomous region. Residents have been banned from cutting trees since 1992. (AP)

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03-M-0292

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06-M-0234 & 03-M-0108

# World

## Foreign Hostages Killed in Yemen

**3 women found dead in region occupied by al-Qaeda; 6 missing**

**SAN'A, YEMEN** | Shepherds found the mutilated bodies on Monday of two German nurses and a South Korean teacher who were kidnapped while picnicking in an area of Yemen known as a hideout for al-Qaeda.

Experts said the killings bore the hallmarks not of local tribesmen but of jihadist militants who had returned home after fighting in conflicts in Afghanistan, Iraq and elsewhere.

The dead women disappeared in the remote northern province of Saada Friday while on an outing with six other foreigners, including a German doctor, his wife and their three young children. The whereabouts of the six were unknown,

the government said.

Yemeni authorities announced a state of high alert in the area and were "conducting extensive searches and investigations," according to a government statement. Besides the German family, a British man was also missing. They all worked for World Wide Services Foundation, a Dutch aid group helping with medical care in the province.

The incident is the latest attack against foreigners in this impoverished Arab nation on the tip of the Arabian peninsula where al-Qaeda has a firm foothold in its remote areas.

The government blamed the kidnapping on a Shiite rebel group that has been leading an uprising in the province for the past several years, but the group denied it had anything to do with it.

AHMED AL-HAJ (AP)

### MEXICO | CARTEL CRACKDOWN



**MILITARY ON THE MOVE:** Soldiers prepare to board military vehicles in Mexico City on Monday. They are some of the at-least 5,000 new recruits who are being sent to northern Mexico to help in the battle against drug cartels.

**PETS Flush Puppy** A British pup had a flush with disaster after his 4-year-old owner bathed him in the toilet. Daniel Blair told Britain's Daily Mirror that he accidentally flushed his muddy 1-week-old cocker spaniel down the drain. A drainage firm found the dog in a pipe near the house and says the pup is now fine. (AP)





## Citigroup CEO: Tighter Credit Is New Status Quo

DETROIT | Citigroup Inc. Chief Executive Vikram Pandit says borrowers should accept a new



Pandit

world of tighter credit as financial institutions recover from months of bad loans, failed banks and foreclosed homes.

Pandit spoke Monday at the three-day National Summit, which is expected to draw about 3,000 attendees to Detroit. The goal of the summit is to craft a plan to keep the U.S. competitive in manufacturing, energy, technology and the environment.

Citigroup has been among the most troubled banks throughout the financial crisis, receiving \$45 billion in federal funds. (AP)

# Financier's Stuff Goes Up for Sale

### Billionaire in Texas loses his goods after SEC fraud allegations

FORT LAUDERDALE, FLA. | Sal Lazzara needed some new office furniture. Thanks to a flamboyant financier's downfall, he found a matching set with an infamous pedigree.

For \$1,500, the Boca Raton restaurateur bought a maroon leather chair, a cherry-wood desk and a credenza — all once owned by Texas billionaire R. Allen Stanford, who the Securities and Exchange Commission has accused of running a massive Ponzi scheme.

Lazzara discovered his new furnishings at AMC Liquidators, a South Florida company that hauled out 25 truckloads of luxury office goods from the disgraced businessman's Miami offices last week and



Office furnishings from Stanford Financial Group are seen for sale at AMC Liquidators in Fort Lauderdale, Fla. The liquidator hauled away the furniture last week.

put them on the market.

Stanford had adorned four floors in a downtown high-rise with Oriental rugs, regal marble-topped tables and leather couches.

He had bronze eagles (the symbol of his company, Stanford Financial Group) and blown-up photos of Palm Beach County polo grounds, which he sponsored.

### BACKSTORY

→ In February, U.S. federal regulators sued R. Allen Stanford, below, alleging that he committed fraud. He is accused of promising clients unrealistic returns on \$8 billion in certificates of deposit and other financial fraud through an offshore bank in Antigua. Stanford denies the SEC's allegations, and he has not been charged with any crimes. (AP)



"The quality of this stuff is just really nice," Lazzara said.

Valued at \$2 million, the bounty for sale in Fort Lauderdale was only a small part of Stanford's lavish lifestyle. In 2008, he was named the world's 605th richest person by Forbes magazine, with an estimated worth of \$2 billion.

TAMARA LUSH (AP)

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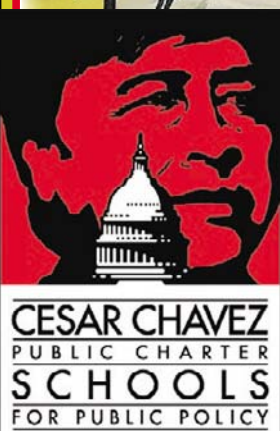
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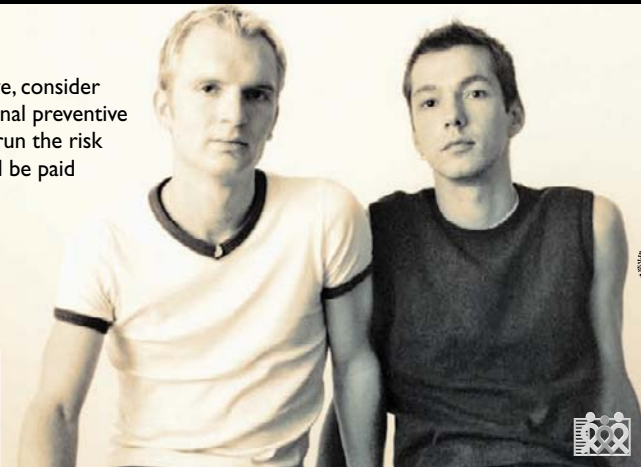
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# Local

# No Vote on Gay Marriages

## Elections board halts D.C. referendum on same-sex nuptials

WASHINGTON | The D.C. elections board blocked an effort Monday to hold a referendum on whether the District should recognize same-sex marriages performed in other states, handing gay rights advocates a major victory.

The decision by Board of Elections and Ethics removes one of the last remaining hurdles to the legislation that the D.C. Council approved in May.

The bill is slated to become law in early July after the required congressional review period has ended. It does not appear as though the Democratic-controlled Congress plans to intervene.

Earlier this month, Bishop Harry Jackson led a group of predominately black ministers in seeking to put the issue before voters. They accused the city council of enacting the legislation with little input from the public.

But the elections board sided with city officials and gay rights advocates, who argued a referendum would violate the law.

Under District elections law, a referendum cannot appear on the ballot if it violates the city's Human Rights Act. The act, approved in 1977, prohibits its discrimination against gays and lesbians and other minority groups.

In its ruling, the elections board also cited the Human Rights Act. "Because the referendum would authorize discrimination prohibited by the HRA, it is not a proper subject for referendum, and may not be accepted by the Board," the ruling states.

TIM CRAIG (THE WASHINGTON POST)

## IN The Washington Post | OLD WEST MYSTERY IN D.C.



BILL O'LEARY/TWP

**NO BONES ABOUT IT:** Forensic anthropologist Dr. Doug Owsley works with human remains from New Mexico's Fort Craig cemetery on June 2. Smithsonian scientists hope to unravel the story of a Buffalo Soldier whose bones were found there. ♦ **Grim grave:** A skull reveals a history of looted burial sites and artifacts from the old frontier. | [washingtonpost.com/metro](http://washingtonpost.com/metro)

## Va. Set To Ban Tobacco in All Prisons in 2010

Virginia corrections officials plan to make all state prisons tobacco-free by February 2010, a growing trend across the nation but one that worries public-safety advocates who fear that inmate control could become more difficult.

Prisoners and employees of Virginia's 32,600-inmate system were notified earlier this year that tobacco would be banned completely after a one-year implementation period. During that period, they planned to offer smoking-cessation and nicotine replacement therapy programs.

The decision follows an executive order issued in late 2006 by Gov. Timothy M. Kaine banning smoking in most state buildings.

AMY GARDNER (THE WASHINGTON POST)

## The Lotteries

**Monday, June 15**

DISTRICT	
Mid-day Lucky Numbers	<b>0-5-9</b>
Evening Lucky Numbers (Sun.)	<b>8-7-5</b>
Mid-day DC 4	<b>2-8-1-3</b>
Evening DC 4 (Sun.)	<b>4-1-3-3</b>

Rolling Cash Five (Sun.) **5-6-24-29-35**  
Daily 6 (Sun.) **16-17-24-29-34-37 (9)**

MARYLAND	
Mid-day Pick 3	<b>0-2-0</b>
Evening Pick 3 (Sun.)	<b>8-2-3</b>
Mid-day Pick 4	<b>6-9-6-6</b>
Evening Pick 4 (Sun.)	<b>5-3-9-6</b>
Match 5 (Sun.)	<b>12-13-25-27-35 (10)</b>

VIRGINIA	
Mid-day Pick 3	<b>8-3-6</b>
Evening Pick 3 (Sun.)	<b>8-8-2</b>
Mid-day Pick 4	<b>5-1-0-3</b>
Evening Pick 4 (Sun.)	<b>9-4-3-6</b>
Mid-day Cash 5 (Sun.)	<b>3-7-8-14-27</b>
Evening Cash 5 (Sun.)	<b>5-10-21-23-30</b>

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office.



## Local

# Pr. William County Slayings Probed

Police look for suspect after 2 killed near bus station in Woodbridge

WOODBIDGE, VA. | Police in Northern Virginia were searching for a man suspected of shooting and killing two men Monday at a commuter bus terminal near a popular shopping center.

Prince William County police said the shootings occurred shortly before 11 a.m. at the bus terminal in Woodbridge near the Potomac Mills shopping center.

Both victims were men, police spokeswoman Kim Chinn said. She said it appears the suspect and victims knew each other.

Christine Rodrigo, a spokeswoman for the Potomac and Rappahannock Transportation Commission, said the shooting occurred in an employee parking lot on the opposite side of the terminal from where passengers board buses.



An SUV was found near the Woodbridge bus terminal where two men were killed.

A dark blue sport utility vehicle was also found near the terminal on the shoulder of Telegraph Road with bullet holes, but it was unclear whether it belonged to the victims or whether they were in the car when they were shot.

Police were searching for a suspect described as a 40-year-old light-skinned black man wearing dark clothing. He was described as being about 5 feet 11 inches tall and weighing about 210 pounds. (AP)

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Phil Jackson won his 10th NBA championship when the Lakers defeated the Magic in Game 5 of the finals Sunday night. He passed Red Auerbach for the most titles.

# The New Gold Standard

Wilbon: Phil Jackson assumes title as the greatest coach ever

NBA | It's been so insulting all these years that Phil Jackson has often been dismissed, even by some allegedly intelligent basketball people, as merely the benefactor of great talent. Right through the pre-game moments of Game 5 in Orlando Sunday night, the players were the benefactors, because they were being coached by Jackson. Quick story: The Lakers, their coach included, were concerned in the hours before Game 5 here Sunday night that they were overly excited about trying to close out the NBA Finals. So many coaches, even the great ones, would have actively tried to calm their players in the moments leading up to tip-off, but not Jackson. His solution:

COACHING LEGENDS

While Michael Wilbon says there's no debate as to the best coach ever, a fair case can be made for these three icons of athletics:



**RED AUERBACH** won nine NBA titles with the Boston Celtics between 1956 and 1966, creating a dynasty never matched in the NBA.



**JOHN WOODEN** is the unquestioned king of college hoops, capturing 10 NCAA titles at UCLA during a span from 1964 to 1975.



**SCOTTY BOWMAN** won a record nine Stanley Cups with three teams, including five with the Montreal Canadiens.

"Sit and be quiet for a few minutes before the game," he said. Rather than "filling up our brains with information," Jackson said he would have his team "take a few moments of silence." No other coach in the NBA

would have taken that approach; then again, no other coach in NBA history has won 10 championships. We don't have to confine the praise today for Phil Jackson to just basketball either. No manager ever has won 10 World Series. No coach ever

has won 10 NFL championships. And it isn't just an issue of longevity; Jackson has won 10 of the last 19 NBA championships and didn't even coach in two of those seasons. "If I'm right," Orlando coach Stan Van Gundy said, "the guy has won 51 playoff series now. Check your record book and see how many coaches have even won 50 playoff games. It's fewer than 20 [actually 18] and this guy has won 51 playoff series. It's incomprehensible." Jackson objected to being included on any list of the all-time great coaches and sounded like one of his critics when he talked about his great fortune to coach the best of the best. But when no man in any professional league in this country can claim as many championships, you are by definition the king of the hill. MICHAEL WILBON (THE WASHINGTON POST)



**The Washington Post**  
For more of Wilbon's column, including a look at how Jackson has made his fame by managing big egos | **Today's Sports**

In Brief



Sidney Crosby kisses the Stanley Cup during the Penguins' parade Monday.

NHL  
**Pittsburgh Fetes Pens**

Four months after celebrating the Steelers' Super Bowl victory, tens of thousands of people converged downtown again for a parade, this time in honor of the Stanley Cup champion Penguins. People lined city streets to get a glimpse of the team and the cup. The Penguins won their third Stanley Cup Friday in a 2-1 victory over the Detroit Red Wings. (AP)

WNBA  
**Laimbeer Quits Shock**

Laimbeer stepped down as head coach of the Detroit Shock, leaving the defending WNBA champions only three games into the season. The team said Monday assistant coach Rick Mahorn will take over as head coach. Laimbeer took over the Shock in 2002 and led them to six playoff appearances and three WNBA championships. (AP)

TODAY'S TV LINEUP

- NATIONALS (7 P.M. ON MASN)** A way for the Nats to make the first "SportsCenter" segment: Play the Yankees.
- ORIOLES (7 P.M. ON MASN2)** The other New York team, the Mets, visit the Orioles.
- BASEBALL (8 P.M. ON WGN)** The White Sox and Cubs battle for the pride of Chicago.
- COLLEGE WORLD SERIES (2 P.M. ON ESPN2 AND 7 P.M. ON ESPN)** North Carolina faces Southern Mississippi, and Texas plays Arizona State.



**LAW AND ORDER Free to Play?** The weapons possession case against former New York Giants player Plaxico Burress has been adjourned until September, and his attorney said he didn't see any reason the wide receiver couldn't play this fall. Burress shot himself in the thigh Nov. 29 in a Manhattan nightclub. Outside court Monday, Burress' agent, Drew Rosenhaus, posted on Twitter Monday that he hopes to have a deal with an NFL team for Burress before training camp starts. (AP)



## Sports

# Italy Rallies Past U.S., 3-1

## N.J.-born Rossi nets 2 goals in 1st round of Confederations Cup

**SOCCER** | American-born forward Giuseppe Rossi came off the bench and scored two goals Monday to help Italy beat 10-man United States 3-1 in the Confederations Cup.

Rossi, who was born in New Jersey, equalized with a 30-yard strike in the 59th after the Americans had gone ahead with a penalty from Los Angeles Galaxy forward Landon Donovan in the 41st minute. Rossi added a second in injury time after being set up by Andrea Pirlo.

Daniele De Rossi also scored for Italy, sending in a long, angled shot in the 72nd minute.

Three years ago, De Rossi was banned for four games of Italy's



Italy's Giuseppe Rossi, left, scores his second goal — and the team's third — during Italy's 3-1 win over the U.S. on Monday. The Americans play Brazil on Thursday.

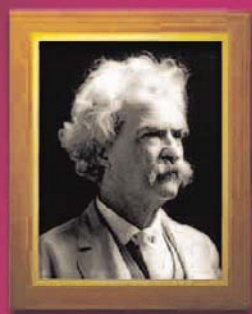
### BRAZIL EDGES EGYPT

→ Kaka converted a 90th-minute penalty kick, and Brazil opened its defense of the Confederations Cup with a 4-3 victory over Egypt on Monday. Brazil opened a 3-1 lead, but Egypt scored twice in a minute early in the second half.

World Cup victory for bloodying the face of United States forward Brian McBride with his elbow.

After scoring in the rematch, the AS Roma midfielder was swarmed by his teammates and appeared on the verge of tears.

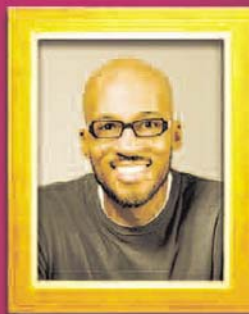
ANDREW DAMPF (AP)



**Mark Twain**  
Author  
(1835-1910)



**Harriet Tubman**  
Abolitionist  
(c.1820-1913)



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Sports

UVa. Knocks Out Fullerton

Cavaliers get 1st-ever CWS win, eliminate 2nd-seeded Titans

COLLEGE BASEBALL | Virginia eliminated second-seeded Cal State Fullerton from the College World Series, beating another ace by chasing Daniel Renken in a 7-5 victory Monday.

The Cavaliers (49-14-1) won the elimination game and next play the loser of Monday night's game between Arkansas and LSU. Fullerton (47-16) has lost five-straight games in the CWS.

Renken (11-3) gave up a season-high six runs and left in the



Virginia's Steven Proscia, left, high-fives with teammate Tyler Cannon.

sixth inning. The Cavaliers tagged another one of college baseball's top pitchers, having defeated San Diego State ace and No. 1 overall

draft pick Stephen Strasburg in the regionals.

Virginia, in the CWS for the first time, took the lead for good in the second inning by scoring four times.

Keith Werman, the Cavaliers' ninth-place hitter, singled home the tying run, and Danny Hultzen hit a two-run single past diving right fielder Gary Brown.

Werman continued his key hitting in the College World Series, going 2 for 4 and driving in two runs.

The 140-pound freshman is 6 for 9 with two doubles and three RBI in two CWS games.

ERIC OLSON (AP)



**NBA DRAFT Vasquez Stays** Maryland guard Greivis Vasquez withdrew his name from the NBA draft and will return to Maryland for his senior season, Maryland coach Gary Williams confirmed Monday. Vasquez led the Terrapins in scoring (17.5 points per game), rebounding (5.4) and assists (five) last season, during which he earned second-team all-ACC honors. (TWP)

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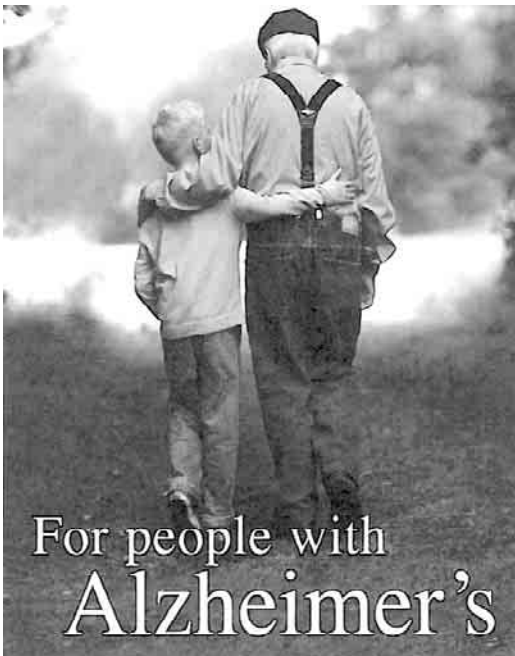
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If you are 50 to 88 years of age and have a diagnosis of probable Alzheimer's disease, you may be eligible to participate in the ICARA study.

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A horror movie with a new villain: the grocery store **E5**



How to ensure happy trails — and healthy entrails — on your next summer vacation

**E7**



Fill your calendar with pool parties and stretch class **E4**

## Flight School

Soar (and get sore) learning the ropes at D.C.'s new trapeze academy **E4**



**Plus**

Pamper your pops this weekend with a facial for Father's Day **E6**

# BaggageCheck

**GOT ISSUES?** DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT



## Competition Can Make a Friend Into a Frenemy

**Q** I have a friend who's becoming a "frenemy." She's always been a bit competitive, sporting an "everything you can do I can do better" attitude. I used to have to deal with this only sporadically. But now she's transferred into my division at work and I have to deal with her bragging and trying to upstage me daily. I don't know whether she does this intentionally, but I really like this girl and I don't want to be in constant competition with her. How do I nip this in the bud before it ruins our friendship?

— VERY ANNOYED, D.C.

Like when I'm trying to choose a new toothpaste, I'm confused. Your response to someone who's always trying to upstage you is to



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"really like" her? It's time to reevaluate whether this is someone you actually need to be close with. What does she bring to your relationship? Are you doing it out of fear of not being on her good side? Is she really capa-

ble of giving you the support that friends are supposed to? Is she soon going to be one-upping your cubedecorating habits? Be honest with yourself, and let things cool off if she's not friendship material. If you're convinced she is, then

bring the issue to her attention, gently and privately. Say that you sometimes feel like she views things as a competition, and that makes you uncomfortable. You might choose one or two specific examples so that she can't say, "I don't know what you're talking about." Then give her a chance to tone it down.

## Age Is Nothing But a Number

**Q** Is there any reason someone would always go for younger guys? I'm not worried about the cougar thing, but I'm 29 and have never dated anybody my age or older. I didn't think of it as a problem until a string of failed relationships with irresponsible guys who can't commit. And yet I keep going back for more. I know women who date older men often have a daddy complex, but what does this make me?

— WONDERING WHAT'S GOING ON

Whoa, slow down with the gener-

alizations! Yes, women who date older men sometimes have a daddy complex, but they also might have a salt-and-pepper complex, or a Steeley Dan complex or — this is the craziest possibility of all — they might just happen to be compatible with the individuals they're with, for the healthiest of reasons.

In fact, I think you'll be helped most by removing the age part of the equation altogether. No, I'm not channeling R. Kelly, but I'm saying you have a much bigger trend in your dating history to deal with — guys who are irresponsible or can't commit. Yup, that may be a bit more likely with guys who aren't yet old enough to get a break on car insurance, but it's by no means limited to them. Examine how you're meeting these guys, why you're attracted to them, and how and why they keep doing you wrong.

**@** Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at [baggage@readexpress.com](mailto:baggage@readexpress.com). This column is not a substitute for one-on-one care.



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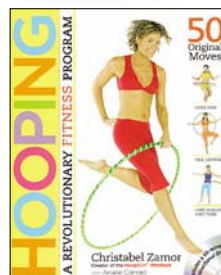
### TETHER REPORT

Balls roll, which means they can lead kids into streets or nasty neighbors' yards. But with Lifetime's Tetherball System (Lifetime.com, \$129.99), you can be assured of an unharmed child. And because the study, weather-resistant base doesn't need to be hammered into the ground, your lawn will be unharmed, too.



### WALK ON WATER

As a teen, you probably gave your dad shocks all the time. Now, for Father's Day, you can do the opposite with Sperry ASV shoes (\$140, Sperrytopsider.com). The footwear was specially designed to cushion the vibrations that plague boaters. He also probably wouldn't mind a new boat.



### COME FULL CIRCLE

"Hooping: A Revolutionary Fitness Program" (\$15.99, Workman) is worth taking for a spin. The instruction book/50-minute DVD set by HoopGirl creator Christabel Zamor explains why hoop dance sculpts your body while boosting your mood, and it details a series of tricks.



### ERUDITE BITES

When popcorn comes in huge vats smothered in butter, it's a no-no. But in SmartFood clusters (\$3.49, grocery stores) — combined with nuts, chocolate and fruits in 120-calorie packs — it's a yes-yes. The tasty morsels are a good source of calcium, fiber and a satisfying crunch.

## GUINEA PIG

### Wherever You Want To Whiten Up



Americans apparently feel a burning desire to whiten their teeth constantly. It's not enough to wear overnight whitening strips, brush with whitening toothpaste and gargle whitening rinse. No, Listerine has determined we must also be able to whiten "on the go" with its new Whitening Pen (\$12.99, drugstores).

The mascara-shaped tube comes with an angled spongy tip. Just spin the dial at the bottom a few clicks until a minty-smelling and -tasting gel emerges, dab it on the teeth in most desperate need of color correction and voila! No need to rinse (although if you go overboard, you may want to spit or risk looking like you didn't floss). Just let that hydrogen peroxide do its thing to help you achieve a more blinding smile. To make sure, you're allowed to repeat this process up to three times a day.

Does it work? It seems to. And are we terrified of the prospect of riding next to someone on the Metro who feels an urge to whiten? Absolutely. VICKY HALLETT (EXPRESS)

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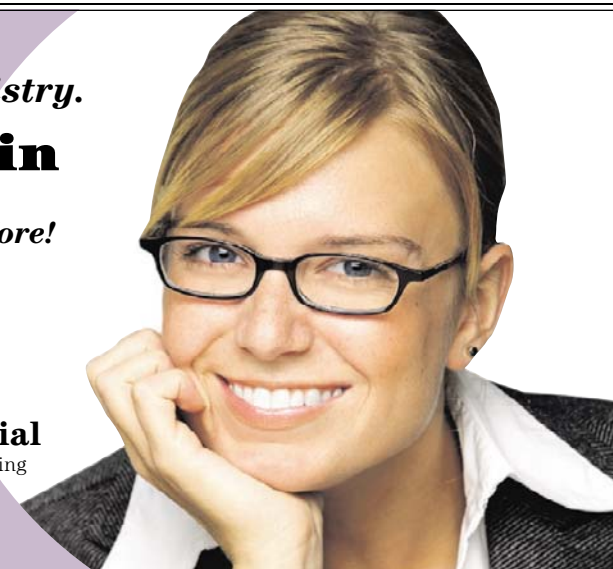
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MAINEVENT



Ongoing, Outdoors And Outrageous

■ Splashing around doesn't provide the cardio workout of a lap session, but it's a much funner way to spend a week-end afternoon. All summer, the Capital Skyline Hotel (101 St. SW) is throwing **POOL PARTIES**. The cover charge is \$10, but on Saturdays (noon-8 p.m.) you get to play take-you-back-to-your-youth summer camp games, above, courtesy of Brightestyoungthings.com. On Sundays (noon-6 p.m.), the fee includes a burger grilled by Spike Mendelsohn of "Top Chef" and Good Stuff Eatery fame.

■ Warm up for the weekend with Rosslyn's free **GATEWAY TO FITNESS** program held in Gateway Park (get it?), near the Key Bridge. Every Saturday morning from 9 to 10 through July 18, Olympic gymnastics team stretch coach and modern dance choreographer Lucy Bowen McCauley is leading stretch classes. The next weekend through Sept. 5, Jocelyn Gordon is taking over to teach hoop dance.

■ Grab your mat and head to Rock Creek Park (Connecticut Avenue/National Cathedral exit off Calvert Street NW, by the Woodley Park Metro stop) this Sunday at 10 a.m. Locally based yoga wear brand Even Keel is sponsoring its second annual free **OUTDOOR YOGA SERIES**. It continues the third Sunday of the month through Sept. 20. Get details at Evenkeelyoga.com. **V.H.**



A student (right) demonstrates a catchable knee hang. It's an impressive-looking trick that you can learn in two hours.

In the Swing of Things

Get a natural high learning the ropes at D.C.'s trapeze school

Every kid dreams of running away and joining the circus. But if you pursued more grounded plans instead, you can still get a taste of big-top life at the Trapeze School New York's D.C. rig, set up in the old convention center parking lot.

What It Is

The flying trapeze is more than a contraption that lets you soar 23 feet above the ground. It's a total-body gym, an adrenaline dealer and a psychologist all wrapped in one. "But it's cheaper than therapy," says Sarah Cuneo, 44, of Bethesda, who swings by twice a week for a dose of exercise and "mommy time" away from her two girls.

They can be sure she'll come home in one piece, because the TSNY folks don't clown around about safety. When you climb the

ladder to the platform, you clip into a rope designed to halt if it is pulled abruptly. Once you're up top, a spotter unhooks you from that rope and into another safety line, and then directs you to lean forward at a precarious angle — while gripping the back of your harness. (Still, that's probably the scariest part. Don't forget to breathe.) Then comes the flying.

Moves

Beginners start off by learning the knee hang, a maneuver you'll remember from your playground days that requires kicking your legs up, hooking your knees and letting go. The fact that you're swinging like a pendulum complicates matters because you need to hit the right position at the right time in order to make your move "catchable." That's because during the last 30 minutes of class, a catcher hops on another trapeze and attempts to meet up with you

mid-air to grab onto your forearms, allowing you to dismount from your bar. "It's not something everyone does on their first class. It's the cherry on top," says instructor Eric Gorsuch.

Before the catcher appears, your dismount can either be just dropping from the sky in a seated position, or if you pump your legs quickly, you can build the momentum for a backflip.

Lingo

The instructors like to lecture that the most important skill for trapeze isn't strength or flexibility. It's timing. And to get the right timing, you need to listen. When you're leaning off that platform and clinging to the bar, there are two magic words. "Ready" means you should bend your knees slightly and take a deep breath to wait for "hep," the signal to take a short hop into the air. Then keep an ear listening to follow the subsequent calls — for a knee hang, that'll be

the self-explanatory "knees up" and "hands off."

Workout

"Your calves will be mooing," Cuneo warns newcomers at a recent class. "Take an Advil when you go to sleep tonight," adds Heather Marriott, 35, who declares that she's always sore for the two to three days after a class. They might seem melodramatic and overzealous about stretching and warming up — until the pain comes. Thanks to that adrenaline rush, it doesn't feel particularly strenuous when you're flying, but you're actually calling on plenty of muscles. At takeoff, your arms are holding your body weight, your core is required to lift your lower body, and your legs take over when you're hanging upside-down.

The good news is you won't realize anything's sore until after class because you'll probably be focused on the whole being-23-feet-above-the-ground thing. Everyone admits to being at least a little scared of heights, even Clenard Davis, 51, who used to leap out of planes and helicopters as a Marine. "I'm just hoping I don't scream like a girl," he announced before making his trapeze debut.

Crowd

There are almost always a few first-timers in every class, but there are also plenty of regular high-fliers (who have the callused hands to prove it). That means students are working on a range of tricks, and beginners can get advice from their classmates and from the three instructors on duty. Expect clapping and well wishes after each flight, no matter how you do.

Some of those cheers may actually come from folks just walking along the street, who stop to take a gander and point. "If I were walking past, I'd be thinking, 'These people are out of their minds,'" Davis jokes. More likely, though, they want to know when they can do it, too. **VICKY HALLETT (EXPRESS)**

**Classes (\$45-\$55) are held every day at Ninth and H streets NW. Sign up at Washingtondc.trapezeschool.com.**







COURTESY MAGNOLIA PICTURES

**HUNGRY FOR CHANGE:** "Food, Inc." is told in a series of vignettes. From the top, clockwise: Businessmen run industrial food production and often sue farmers who won't give in to their preferred (and shady-seeming) practices. A poor family has little choice but to eat subsidized fast food fare. And Joel Salatin of Polyface Farms is proof that sustainability is a real possibility.

# The Gross in Groceries

**'Food, Inc.' explores the trip from farm to fork — and it's not such a scenic ride**

**IF YOU'RE PLANNING** on catching "Food, Inc." when it opens this weekend, try to schedule your dinner ahead of time. The documentary focuses on how food is produced in America, and it's an often stomach-churning picture of cruelly cooped-up animals, E. coli-tainted meat and seemingly evil farm spies. We got director Robert Kenner to spill the beans.

**How does "Food, Inc." add to the "Omnivore's Dilemma"/"Fast Food Nation" discussion?**

We sort of tried to connect the dots of a system that's gone bezerk. We're building by exploring how

food gets to our table. Where does it come from? What became most original for me was the big surprise that the big food producers didn't want to talk to me. I wanted them as much as the organic farmers. But they want to cling to this illusion that it all comes from a farm with a white picket fence and a red barn. I'm not saying what they're doing is good or bad, but as Americans, we have a right to know. And they're able to deny us this information. I feel it seems something is wrong.

**Wal-Mart actually ends up looking pretty good with their interest in stocking organics.**

There are many negative things I could say about their business practices, but it's representative of how customers have power and can change things. On one hand,

it's wrong from one company to buy as much food as they do, but they're interested in sustainability, and that's good.

**A lot of the focus is on meat products. Do I have less to worry about these issues if I go vegetarian?**

It's not so much about meat as it is about the industrialization of food and the power to deny us information. I'm not a vegetarian personally. By eating less meat, that won't fix the food system. Although watching how industrial meat is grown doesn't make you want to eat it.

**You devote a segment to the laudatory practices of Polyface Farms. But how feasible is it to replicate that example across the country?**

That's the big question: Can we feed the word with organic food? Our

system isn't sustainable, so where are we going to go? What we're feeding the world is making the world sick. It can't continue, and unfortunately, the industrial system doesn't want us talking about it.

**How do you shop for groceries?**

You can't always do it perfectly. When I'm home, I try to go to the farmer's market at least once a week. And when I travel, I try to avoid industrial food as much as

**“The system has changed without us noticing that this food is ... different from 50 years ago.”**

possible. The less processed the food is, the better it's going to be for you. It's hard at the supermarket. We have this illusion of choices when really everything's made up of either processed corn or soy.

**Think the new White House vegetable garden will have any impact?**

When Obama came to power, food was not a priority, but I don't think you can think about health care and not think about the food system. You can't think about energy and not think about the food system when 20 percent of our oil goes to processing and transporting food. The garden becomes a great symbol that we're becoming conscious.

**The film ends with a whole bunch of suggestions for viewers. Which one do you hope they all do the most?**

I think my top recommendation is that we become conscious. The system has changed without us noticing that this food is fundamentally different from 50 years ago. It doesn't taste better and it's not better for us. Some people say it's elitist to promote eating better, but it's elitist to subsidize food that makes people sick. We were told a lot of lies by tobacco companies and eventually, we saw the truth. They're trying to trick us into eating this food that's not good for us.

VICKY HALLETT (EXPRESS)



## EATING IN



LARRY CROWE/AP

**FROZEN DESSERTS ARE** a great way to beat the summer heat, but all the fat in ice cream makes it more suitable for an occasional treat than a daily cooler.

Icy fruit sorbets, on the other hand, rarely have any fat and are loaded with healthy nutrients, so there's no reason to feel guilty about eating them. This sorbet is served with a splash of heavy cream, but it's just as delicious without it. (AP)

## STRAWBERRY-POMEGRANATE SORBET WITH CREAM

1 HOUR, 10 MINUTES; SERVES 6

### INGREDIENTS

- 3 CUPS unsweetened frozen strawberries
- 1 CUP pomegranate juice
- 1/3 CUP heavy whipping cream

**1. PLACE SIX SMALL** dessert dishes in the freezer to chill.

**2.** In a food processor, combine the frozen berries and the pomegranate juice. Process until smooth. Transfer to a bowl, cover and place in the freezer for one hour to firm up. Serve drizzled with cream in the chilled dishes.

**NOTE:** If the sorbet has been stored longer and has become hard, let it soften briefly in the refrigerator before serving. If it has become granular, reprocess it briefly.



**95 calories, 1 g protein, 13 g carbs, 5 g fat, 18 mg cholesterol, 12 mg sodium, 2 g fiber**



# Man, I Feel Like a Facial

**Pamper your papa for Father's Day with some guy-friendly, relaxing treatments**

This dad's face wants to tell you something: Get your father a facial for Father's Day.

Here's why. A facial is essentially a shave, minus the hair removal. You sit in a chair while an aesthetician with strong yet gentle hands applies lotions, sloughs off dead skin cells (aka exfoliation) and squeezes out bad stuff (aka extraction). Bonus: a head-neck-shoulder massage.

Spa owners say under-40 males are big on spa services. "We pamper ourselves too much," agrees Rich Haselwood, 40, a D.C. lobbyist, who frequents the Grooming Lounge. "Our dads should get a little pampering."

The **GROOMING LOUNGE** is a good choice for a spa-averse dad. At the L Street location, guys in the waiting room watch ESPN, read magazines about cars and drink beer served by a staffer — at 10:30 a.m.! Music: Sounds like ACDC.

The facial takes place in a dark room in the back. Slip out of your duds and under the covers. Some men slip in the wrong way. A hint: Feet go under the covers.



Dad doesn't need to worry about looking like a cuke-eyed crazy at these spas.

This pater's puss will not lie to you: Extraction of blackheads and whiteheads hurts. A 10-minute beauty mask of blueberry-derived antioxidants erases the pain. Some men doze off. End result: Skin feels like buttah.

For macho dads who would

never agree to a facial, the Grooming Lounge hot shave has "a lot of the elements" of a facial, says co-founder Mike Gilman. Steaming towels swath the face. Gotta be good for pores! Oils and lotions are applied. The deft shaver uses a Mach 3 blade at a 90-degree

angle, one pass with beard grain, one against. Your face will be so smooth you can skip the next day's shave and still look sharp.

If your dad's face doesn't mind a facility with candles and a waterfall, treat it to the "Men's Arkarshan Face Ritual" at **BLU WATER SPA** in Kensington. What does "Arkarshan" mean? "I don't know," laughs skin care specialist Teresa Hinton. What she does know is how to target a face's needs, from ingrown hairs to "sebaceous" areas (spa-speak for excess oil). She coats the face in crushed bamboo, date seeds, honey and copper cream. She uses "medical grade" antioxidants derived from tree bark. She does "marmassage" — pressure at key points to "stimulate or relax." After the facial, a refreshed face can hang in the relaxation room, sipping a non-alcoholic beverage and chomping on dried fruit and nuts. Face assessment: They're not calling this dad "Glowy McGlowenstein" for nothin'.

The only warning before springing for a gift certificate for Dad: Know thy father. When asked whether her dad would enjoy a Father's Day facial, Kelly Quinn, client relations director at Blu Water, says, "He's very old-school. He'd rather get tickets to see the Yankees." **MARC SILVER**

## SKIN DEEP

**Where can you send your dad for a Father's Day facial? Here are a few local options.**

→ **GROOMING LOUNGE** (1745 L Street, NW, 202-466-8900, and Tysons Galleria, 703-288-0355; groominglounge.com) A 30-minute "quick fix" facial costs \$50 (no extractions). More ambitious facials, 45 minutes or more, are in the \$80-and-up bracket. A hot shave is \$50. A wild and crazy dad might appreciate "hangover eye therapy" for \$50.

→ **SOMA FIT** (2121 Wisconsin Avenue, NW, 202-965-2121, somafit.com) A \$110 men's facial also allows access to the gym, steam room, and sauna.

→ **SERENITY DAY SPA** (a subsidiary of Washington Sport & Health, locations in Tenleytown, Reston, and Herndon, serenitygift.com) A 50-minute "gentleman's facial" is for \$89. For \$201 dad'll get a massage and "sport manicure," too.

→ **BLU WATER SPA** (5454 Nicholson Lane, Kensington, 301-984-6245, bluwaterdayspa.com). A mini-facial is \$65. The Men's Arkarshan Face Ritual runs \$90 to \$110.

→ **BLUE MERCURY** (Bethesda, Dupont Circle, Georgetown, bluemercury.com) There is no "guy's" facial per se. So do guys come in for facials? "Oh God, all the time," says a spokeswoman. "They even come for waxing." Facial price range: \$95 to \$220. **M.S.**

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## Talk to You Later

■ Plopping your kid down in front of the TV might be easy, but it's not great for communication, according to research published in the Archives of Pediatrics & Adolescent Medicine. In a study conducted by Seattle Children's Hospital, for each additional hour of television exposure, parents spoke 7 percent fewer words to children ages 2 months to 4 years.

## MODERN AILMENTS

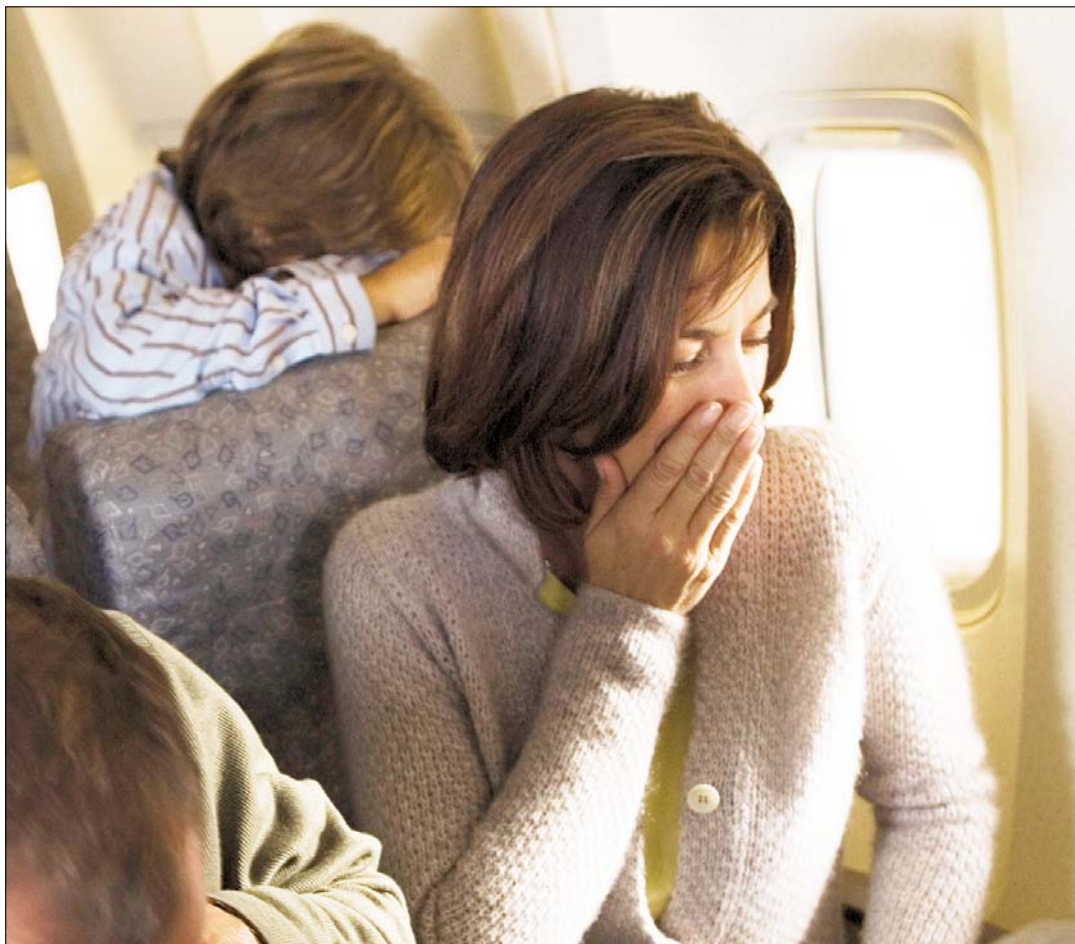
## Text Thumb and Now ...

■ Put down the phone and no one gets hurt. Or, at least, your elbow won't. That's according to a report out of the Cleveland Clinic's Hand and Upper Extremity Center, which has identified numbness, tingling and pain in the forearm as cubital tunnel syndrome — aka "cell phone elbow." The act of holding your telephone to your ear compresses the nerve, which can have damaging consequences (such as loss of coordination).

## EXERCISE

## It Just Keeps Going

■ Exercise doesn't just elevate your heart rate — it also lifts your mood. And findings presented at a recent meeting of the American College of Sports Medicine indicated that the latter effect lasts way beyond the locker room. Subjects who rode a stationary bike for just 20 minutes at moderate intensity reported a better mood than non-exercisers for up to 12 hours after the workout.



These sad folks probably wish they'd scarfed down a burger while waiting for their flight, since protein helps prevent nausea.

# Get There in One Piece

Fill this 6-part prescription for happy postcards before you travel

Summer vacations are no fun when you end up in the hospital instead of your hotel. Keep these tips in mind when you're on your next jaunt.

## Drink Tea Early and Often

**THE SABOTEUR:** A weakened immune system. Working many hours pre-vacay can destroy your sleep, and a study from Mount Sinai School of Medicine found that poor sleep before a stressful event reduces immune-system function.

**SAVE YOUR VACATION:** Starting a week before you leave, drink about 20 ounces of black tea daily. A

study published in Proceedings of the National Academy of Sciences revealed that this causes the body to secrete two to four times more interferon, a key element of your body's infection-protection arsenal.

## Hit the Pharmacy

**THE SABOTEUR:** Acute mountain sickness. At 8,000-plus feet in elevation, reduced air pressure and lower oxygen levels can induce headaches, nausea, dizziness and, in severe cases, pulmonary edema (fluid in the lungs).

**SAVE YOUR VACATION:** Before you leave, ask your doc for acetazolamide, a drug that helps your body metabolize more oxygen. In a study, people who took 250 milligrams twice a day after traveling from sea level to 12,000 feet relieved all symptoms. Take it a day or two

before departure and continue until 48 hours after you arrive.

## Sip Water During a Flight

**THE SABOTEUR:** GI trouble. Time-zone changes and poor eating can alter your normally clock-like bowel movements. "We often leave our healthy diets behind, which stresses our digestion," says Mark Wise, author of "The Travel Doctor."

**SAVE YOUR VACATION:** Hydration is the key. Limit alcohol, caffeine and other diuretics, and be sure to drink 64 to 80 ounces of water a day during your trip. You can help combat diarrhea, gas and bloating with a probiotic that fights harmful bacteria. Try BioBeads by Natrol (Natrol.com).

## Eat Preflight Protein

**THE SABOTEUR:** Nausea. If your

body's motion detectors sense movement differently (e.g., your view of the cabin stays the same but your inner ear senses a drop), motion sickness is likely to ensue, according to the American Academy of Neurology.

**SAVE YOUR VACATION:** Have a burger. The right preflight meal can soothe your stomach. A Pennsylvania State University study found that subjects felt up to 26 percent less nauseated when they ate a protein-packed meal, compared with a carb-loaded meal or no food at all.

## Moisturize Mucous Membranes

**THE SABOTEUR:** Arid air. A jet's cabin air can be as dry as the Sahara — as low as 5 percent humidity, according to aircraft manufacturer Boeing. This can lead to excessive nasal dryness, which can trigger tearing of mucous membranes and facilitate infection. (If you experience frequent nosebleeds, you may be especially sensitive to dry air.)

**SAVE YOUR VACATION:** For your nostrils, pack an over-the-counter saline gel, such as Ayr. To keep your skin hydrated, drink 20 ounces of water while you're in flight, says travel-medicine specialist Terri Rock. Make sure it's bottled, and buy it after you pass security.

## Pack Your Own Purifier

**THE SABOTEUR:** Bad water. The United Nations estimates that 36 percent of drinking water in Africa doesn't meet standards. (It's 22 percent in Asia, and 18 percent in Latin America and the Caribbean.) And the U.S. Environmental Protection Agency found that 15 percent of water samples taken from 327 planes probably contained harmful pathogens.

**SAVE YOUR VACATION:** Skip the in-flight coffee and tea, which may be made with water from the jet's tanks, and don't brush your teeth in the lavatories. Bring your own water filter on your trip. We like Katadyn water purifiers (Katadyn.us). (REPRINTED WITH PERMISSION OF MEN'S HEALTH MAGAZINE © RODALE INC.)

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The following list provides examples of the areas the Commission is interested in further study on, but is not intended to be exhaustive:

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- The developing parameters of religious freedom under international law, including an analysis of significant trends and strategies to impact the development in positive directions
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- Government-sponsored intolerant materials and its impact on religious freedom
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XX172 1x1.5

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RENTALS

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Southeast

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\$99 MOVES YOU IN

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SW

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# lookout



**Main Attraction**  
A refreshed Susan Boyle rejoins the 'Britain's Got Talent' tour | **34**



Engvall's best attempt at looking calm.

## Host With The Most Nerves

**Bill Engvall's shaking in his cowboy boots before CMT awards**

**BREAK A LEG** | Bill Engvall is a comedian, a sitcom star and a member of the Blue Collar Comedy Tour. So, hosting Tuesday's CMT awards should be a piece of cake.

Or not.

"I haven't been really nervous about a gig in a long time," Engvall said in a recent interview. "You don't want to be the guy who made people say, 'Oh, remember the year when Engvall did it? Ugh.'"

Engvall, 51, also has his own CMT-show agenda. He said he's looking forward to meeting Def Leppard, which is nominated for its collaboration with Taylor Swift, because he admired the band in his youth. He's also eager to reconnect with old friends such as Trace Adkins and Brad Paisley.

The CMT awards will air live at 8 p.m. tonight on CMT from the Sommet Center in Nashville, Tenn. **MICHAEL CIDONI (AP)**

# The Return of Royalty

**Queen of rom-coms Sandra Bullock is back in her element in 'The Proposal'**

**CHICK FLICK** | Sandra Bullock was the queen of romantic comedies during the first part of this decade. Cute as a button and quick-witted, she co-starred with hunky Benjamin Bratt in the hit "Miss Congeniality" movies. She also playfully bantered with Hugh Grant in the rom-com "Two Weeks Notice."

Bullock got all kinds of kudos for her comedy skills, even producing "The George Lopez Show" for TV, but then she abruptly decided to go another route with her career, focusing more on dramatic roles. She reunited with her "Speed" co-star Keanu Reeves for the weepy fantasy drama "The Lake House" and portrayed writer Harper Lee in the Truman Capote biopic "Infamous." She appeared in the Oscar-winning drama "Crash" and most recently starred in the supernatural thriller "Premonition."

Bullock, 44, says she stopped doing romantic comedies because she didn't like the scripts she was reading. "They were terrible, they were bad, and they weren't funny," the Virginia native explains.

Now, Bullock has been drawn back to romantic comedy with Peter Chiarelli's "The Proposal," out Friday. Bullock plays a Canadian working in the U.S. as a corporate executive who runs into immigration problems when her green card



**BUSINESS PARTNERSHIP:** Ryan Reynolds and Sandra Bullock star as a couple of convenience in the film "The Proposal."

expires. So, she hatches a plan to stay in the country by forcing a hapless underling to marry her.

Bullock found herself right at home playing a boss from hell. "Oh, I'm a horrible, evil [expletive], but I'm a good actress," she quips. "And I can act like a really sweet person."

She insists it was a relief to play an unlikable character for a change. "It's such a joy to be able to play someone who is so angry," she says. "Having to be nice all the time is exhausting and boring. But

**“It's such a joy to play someone who is so angry. Having to be nice all the time is exhausting and boring.”**

to play someone who just has that under-layer of unhappiness — that has to come from someplace.”

Bullock enjoyed working with her cast mates, including Ryan Reynolds as her would-be fiancé, Mary Steenburgen and Craig

T. Nelson as his confused parents, and legendary funnywoman Betty White as his acid-tongued grandmother.

White, she says, was a hoot and kept everybody on their toes. Bullock especially enjoyed working with the 87-year-old in a hilarious scene where White helps Bullock get dressed but winds up getting a little too intimate. "Let me just say that Betty White feeling me up was the best second base I've ever had," she deadpans. **ANGELA DAWSON (ENTERTAINMENT NEWS WIRE)**



**CANCELLATION It Ain't Over Till ... Now** Sorry, "My Name Is Earl" fans, but it looks like the show is really over. After a very brief flirtation with TBS, the show's producer, 20th Century Fox Television, has decided it will not look to extend the comedy's life on the cable network. The series, which starred Jason Lee, was canceled by NBC last month after four seasons. In a statement, 20th Century Fox Television said it didn't want to "seriously undermine the artistic integrity of the show." **(LOS ANGELES TIMES)**



entertainment **lookout**

# The Jonas Brothers' Lite Blend

'Lines, Vines and Trying Times' is eclectic to a fault

**MUSIC** | The Jonas Brothers' last album, 2008's "A Little Bit Longer," had genuinely catchy moments, and the band's power-pop sound was refreshing, particularly compared with the highly processed sounds produced by other Disney Channel favorites.

The same can't be said for their latest, the eclectic — but not in a good way — "Lines, Vines and Trying Times." Both albums share an overarching thematic emphasis on girls and relationships, but "Lines" veers away from rock arrangements in favor of experiments with funk, R&B, country and syrupy ballads. All of those genres, as performed by the Jonases, should probably be prefaced by the prefix "lite."



Joe, Nick and Kevin Jonas should stick to the power pop they know so well.

## expressnightout

→ To read more of this review and to watch the Jonas Brothers' "Paranoid" video, visit our Web site.

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The first single, "Paranoid," is by far the best track. It's dominated by synthesizers and heavily processed vocals, which provide a glimpse of being a Jonas Brother, particularly the recurring "I'm freaking out" refrain. "Lines" features a few other sufferable moments. "Keep It Real" features the best use of the considerable brass featured throughout the album and manages to be danceable without being completely synthetic. "World War III" is dom-

inated by loud electric guitar and prominent brass, but the lyrics and vocals make too much of an effort to feign urban edginess.

But things get really grim with "Before the Storm," a country-crossover duet with Nick Jonas ex Miley Cyrus. "Don't Charge Me for the Crime" features unlikely guest rapper Common, certainly a major upgrade from the rap cameo by the band's bodyguard on "A Little Bit Longer," but it's unlikely to convince anyone that the rap-rock genre needs to be resurrected.

"Lines, Vines and Trying Times" has a few redeeming moments, but ultimately its eclecticism works against it. **MEG ZAMULA**

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Tricks for Kids of All Ages

Soul-reggae band the Aggrolites offer happy tunes to both tots and grown-ups

MUSIC | The Aggrolites have backed the likes of Rancid's Tim Armstrong on his solo record and ska icon Prince Buster in concert, but it took a Nick Jr. TV show and a song about a banana to give the group its biggest audience. "The 'Yo Gabba Gabba' thing was cool," said singer-guitarist Jesse Wagner. "We were kind of wary about it; we were wondering if we would be known as the banana band or the kid's show band, but it's actually been nothing but a great thing for us." While the diaper-changing masses may be attuned to the Agg-

rolites' rock-steady grooves, the seven-year-old soul-reggae band is still figuring out where it belongs in the modern music world. The band's latest CD, "IV," sounds like classic Jamaican music from the late '60s and early '70s: rootsy reggae that was still sweaty with the sounds of Motown. But that kind of music is considered "oldies" in today's reggae world. Meanwhile, the punk scene that has embraced the Aggrolites is often looking for something angrier. "We've always tried to make really happy records," Wagner said. "I've always looked to music to forget about everyday stress and troubles. And a lot of bands do a great job singing about politics and do a great job at singing about troubles, but I enjoy listening to music to get away from all



START SMALL: "Yo Gabba Gabba" viewers are some of the Aggrolites' biggest fans.

expressnightout

To hear music from "IV" and find out the first ska albums Jesse Wagner bought, visit our Web site.

WWW.EXPRESSNIGHTOUT.COM

those kinds of things." "IV" is packed with 21 songs that will make you feel better. Crashed your car? Play "It's Gonna Be OK." Lost your job? Try "Keep Moving On." Catch a brick upside the head? Pop on "Feelin' Alright" for some solace.

The Aggrolites' prolific songwriting is based on a very simple exercise: "We'll just jam out rhythms and record them on the spot," Wagner said. "We could pound a good 10 rhythms in a few hours. That Tim Armstrong [album], we did 14 songs in one day." CHRISTOPHER PORTER (EXPRESS)

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1:40, 4:20, 7:00, 9:40

DIGITAL 3D  
UP IN DISNEY DIGITAL 3D (PG) 1:50, 4:30, 7:10, 9:50

IMAGINE THAT (PG) 2:15, 5:05, 7:45, 10:35  
IMAGINE THAT (PG) 1:20, 4:05, 6:50, 9:30  
THE TAKING OF PELHAM 1 2 3 (R) 12:00, 12:55, 1:45, 2:40, 3:35, 4:30, 5:20, 6:15, 7:10, 8:00, 9:00, 10:00  
THE HANGOVER (R) 1:00, 2:00, 3:45, 4:50, 6:25, 7:30, 9:15, 10:15  
LAND OF THE LOST (PG13) 12:50, 1:30, 2:40, 3:35, 4:10, 5:30, 7:15, 8:10, 9:45  
DRAG ME TO HELL (PG13) 2:05, 4:40, 6:20, 7:25, 9:00, 10:05  
UP (PG) 1:10, 2:30, 3:50, 5:10, 6:30, 7:50, 9:10, 10:30 3D NOT AVAILABLE FOR THESE SHOWTIMES  
DANCE FLICK (PG13) 12:45, 3:00, 5:15, 7:30, 9:55  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 2:20, 5:00  
TERMINATOR SALVATION (PG13) 12:40, 3:25, 6:15, 9:20  
ANGELS & DEMONS (PG13) 1:55, 5:25, 8:35  
NEXT DAY AIR (R) 7:40, 10:05  
STAR TREK (PG13) 1:15, 4:15, 7:15, 10:10  
X-MEN ORIGINS: WOLVERINE (PG13) 2:10, 4:55, 8:15

AMC SELECT  
MY LIFE IN RUINS (PG13) 2:00, 4:35, 7:35, 10:20

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AMC SELECT  
MY LIFE IN RUINS (PG13) 2:10, 4:50, 7:20

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STAR TREK (PG13) 1:05, 4:25, 7:25, 10:25

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THE HANGOVER (R) 1:35, 4:35, 7:15, 9:45  
LAND OF THE LOST (PG13) 1:40, 4:40, 7:10, 9:40  
DRAG ME TO HELL (PG13) 1:25, 4:25, 7:05, 9:25  
UP (PG) 1:20, 2:20, 4:20, 6:50, 9:20 3D NOT AVAILABLE FOR THESE SHOWTIMES  
DANCE FLICK (PG13) 1:15, 4:15, 6:45, 9:00  
DANCE FLICK (PG13) 1:15, 4:15, 6:45, 9:00  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 1:10, 4:10, 7:35, 10:05  
TERMINATOR SALVATION (PG13) 4:45, 7:45, 10:20  
STAR TREK (PG13) 1:45

X-MEN ORIGINS: WOLVERINE (PG13) 4:50, 7:20, 9:50

AMC POTOMAC MILLS 18  
2700 Potomac Mills Circle, Ste 886

IMAX NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN: THE IMAX EXPERIENCE (PG)  
1:45, 4:30, 7:10, 9:50

DIGITAL 3D  
UP IN DISNEY DIGITAL 3D (PG) 1:15, 3:50, 6:30, 9:10

IMAGINE THAT (PG) 12:45, 2:00, 3:30, 4:40, 6:10, 7:30, 9:00, 10:15  
THE TAKING OF PELHAM 1 2 3 (R) 1:40, 2:20, 4:20, 5:00, 7:00, 7:40, 9:40, 10:20  
THE TAKING OF PELHAM 1 2 3 (R) 1:00, 3:40, 6:20, 9:00  
THE HANGOVER (R) 12:55, 2:15, 3:25, 4:45, 6:00, 7:15, 8:30, 9:45  
LAND OF THE LOST (PG13) 12:30, 1:50, 3:00, 4:35, 5:30, 7:35, 10:10  
DRAG ME TO HELL (PG13) 1:10, 3:55, 6:35, 9:15  
UP (PG) 2:10, 4:50, 7:20, 10:00 3D NOT AVAILABLE FOR THESE SHOWTIMES  
DANCE FLICK (PG13) 6:15, 8:35  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 1:05, 3:40  
TERMINATOR SALVATION (PG13) 12:50, 3:45, 6:25, 9:20  
ANGELS & DEMONS (PG13) 12:40, 3:45, 6:55, 10:05  
STAR TREK (PG13) 1:20, 4:25, 7:25, 10:25  
X-MEN ORIGINS: WOLVERINE (PG13) 8:00, 10:30

AMC SELECT  
MY LIFE IN RUINS (PG13) 1:55, 4:15, 7:05, 9:35

LOEWS SHIRLINGTON 7  
2772 South Randolph

THE BROTHERS BLOOM (PG13) 12:00, 2:35, 5:10, 7:45, 10:20  
EAST VIRGATE (PG13) 12:45, 3:00, 5:15, 7:30, 9:45  
MANAGEMENT (R) 1:10, 3:20, 5:35, 7:50, 10:00  
ADORATION (R) 12:30, 2:55, 5:20, 7:40, 10:05  
IS ANYBODY THERE? (PG13) 2:25, 7:15  
EVERY LITTLE STEP (PG13) 12:15, 2:30, 4:45, 7:05, 9:20  
SUGAR (R) 1:35, 4:20, 7:00, 9:35  
SIN NOMBRE (R) 12:10, 4:55, 9:40

AMC SELECT  
THE TAKING OF PELHAM 1 2 3 (R) 2:30, 5:00, 7:30, 10:00

AMC MAZZA GALLERIE  
Jennifer and Wisconsin

IMAX THAT (PG) 1:50, 4:30, 7:10, 9:45  
THE HANGOVER (R) 1:45, 4:45, 7:30, 10:00  
LAND OF THE LOST (PG13) 12:00, 2:30, 5:00, 7:40, 10:20  
UP (PG) 12:30, 3:00, 5:30, 8:00, 10:30 3D NOT AVAILABLE FOR THESE SHOWTIMES  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 1:30, 4:20, 7:00, 9:30  
ANGELS & DEMONS (PG13) 12:15, 3:30, 6:45, 10:05  
STAR TREK (PG13) 1:10, 4:10, 7:20, 10:10

DIGITAL 3D  
UP IN DISNEY DIGITAL 3D (PG) 1:45, 4:20, 7:00, 9:45

IMAGINE THAT (PG) 2:00, 4:35, 7:20, 10:00  
THE TAKING OF PELHAM 1 2 3 (R) 12:15, 1:00, 2:05, 3:00, 3:45, 4:45, 5:45, 6:30, 7:30, 8:30, 9:15, 10:15, 11:15  
THE HANGOVER (R) 12:30, 1:50, 3:10, 4:30, 5:40, 7:05, 8:20, 9:50, 10:55  
LAND OF THE LOST (PG13) 12:35, 2:10, 3:15, 4:40, 5:55, 7:15, 9:55  
DRAG ME TO HELL (PG13) 12:40, 3:05, 5:30, 8:00, 10:30  
UP (PG) 12:00, 2:40, 5:15, 7:45, 10:25 3D NOT AVAILABLE FOR THESE SHOWTIMES  
UP (PG) 12:30, 3:00, 6:00, 8:45, 11:10 3D NOT AVAILABLE FOR THESE SHOWTIMES  
DANCE FLICK (PG13) 8:25, 10:35  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 12:10, 1:55, 2:55, 4:25, 5:35, 7:10, 9:40  
TERMINATOR SALVATION (PG13) 2:20, 5:10, 7:50, 10:40  
ANGELS & DEMONS (PG13) 1:10, 4:10, 7:40, 10:50  
STAR TREK (PG13) 1:25, 4:15, 7:10, 8:10, 10:05, 11:10

AMC SELECT  
MY LIFE IN RUINS (PG13) 12:05, 2:35, 5:00, 7:35, 10:10

LOEWS WHITE FLINT 5  
North Bethesda

THE TAKING OF PELHAM 1 2 3 (R) 1:50, 4:35, 7:25  
UP (PG) 1:00, 3:30, 5:50, 8:15 3D NOT AVAILABLE FOR THESE SHOWTIMES  
NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 1:45, 4:15, 7:15  
TERMINATOR SALVATION (PG13) 7:20  
ANGELS & DEMONS (PG13) 1:35, 4:35, 7:35  
STAR TREK (PG13) 1:30, 4:30

LOEWS UPTOWN 1  
3426 Connecticut Avenue N.W.

THE TAKING OF PELHAM 1 2 3 (R) 2:30, 5:00, 7:30, 10:00

Advanced Ticketing at amctheatres.com or 1 (888) AMC-4FUN.

Times for Tuesday, June 16, 2009

SPECIAL ENGAGEMENT No passes or discount coupons

Closed Captioning Descriptive Video Service





COURTESY URBAN FOSSIL

## top stops

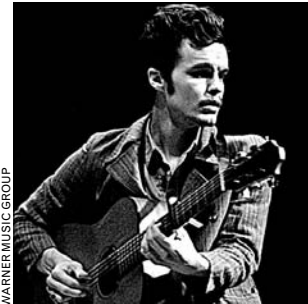
**Compiled by** Express' Karmah Elmusa and Fiona Zublin. Read more of their picks every day at [Expressnightout.com/topstops](http://Expressnightout.com/topstops).

### Dublin Soul

If "Riverdance" is the only Irish music you're familiar with, you should check out Laura Izibor, an Emerald Isle soul singer who will make you want to watch "The Commitments" over and over again. Her soul music always focuses on strong beats and simple lyrics. She sounds a bit like Sarah Bareilles, last summer's iTunes sensation. It's not music to relax to, but it's music to know. **F.Z.**  
**→ Kennedy Center, 2700 F St. NW; 6 p.m., free; 202-467-4600, Kennedy-center.org. (Foggy Bottom)**

### 2 A Man With a Gun

Sculptor Paul Di Pasquale's latest exhibition will make you squirm a bit: Each piece is a repurposed gun, and each gun was confiscated from a criminal by police officers. The work is both sad and uplifting; yes, it turns a weapon into a work of art, but at the same time it preserves forever in the artwork the crime the gun enabled. That's OK, though. We need to be reminded of these things. **F.Z.**  
**→ Cross Mackenzie Ceramic Arts, 1054 31st St. NW; until June 17; 202-333-7970, Crossmackenzieceramicarts.com.**



WARNER MUSIC GROUP

### 3 Slight Exaggeration

We're excited to see John Vanderslice. Who wouldn't be? He's just a dude with a guitar, but his songs are lovely and catchy. But we're really excited for his opening act, the Tallest Man on Earth. We're pretty sure the title is false advertising, but his indie/bluegrass guitar stylings are memorable and exciting — and he's Swedish! You haven't lived till you've heard Swedish bluegrass. **F.Z.**  
**→ Black Cat, 1811 14th St. NW; 8 p.m., \$14; 202-667-4490, Blackcatdc.com. (U St.-Cardozo)**

#### REGAL ENTERTAINMENT GROUP ROCKVILLE CENTER STADIUM 13

Rockville Town Center 800-FANDANGO 248#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1110 1240 140 330 430) 630 730 910 1010  
 HANGOVER (R) - ID REQ'D (1125 200 440) 740 1020  
 OC: HANGOVER (R) - ID REQ'D (500 PM) 1040 PM  
 LAND OF THE LOST (PG-13) (110 350) 640 930  
 DRAG ME TO HELL (PG-13) (1200 240 510) 810 1035  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1100 130 415) 710 950  
 UP (PG) (1230 310 610 PM) 610 PM  
 NIGHT AT THE MUSEUM II (PG) (1250 340) 620 900  
 TERMINATOR SALVATION (PG-13) (1120 210 450) 750 1030  
 ANGELS AND DEMONS (PG-13) (1140 250) 600 920  
 STAR TREK (PG-13) (1220 320) 650 1000  
 MY LIFE IN RUINS (PG-13) 840 PM

#### GERMANTOWN STADIUM 14

20000 Century Blvd 800-FANDANGO 455#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1200 130 245 430 530) 715 815 1000 1050  
 HANGOVER (R) - ID REQ'D (150 415) 700 945  
 OC: HANGOVER (R) - ID REQ'D (1215 200 300 530) 730 830 1050  
 LAND OF THE LOST (PG-13) (445 PM) 1010 PM  
 MY LIFE IN RUINS (PG-13) (140 410) 650 930  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1150 215 450) 740 1015  
 UP (PG) (115 345) 640 910  
 DRAG ME TO HELL (PG-13) (240 510) 800 1040  
 NIGHT AT THE MUSEUM II (PG) (1245 400) 645 920  
 TERMINATOR SALVATION (PG-13) (220 500) 750 1030  
 ANGELS AND DEMONS (PG-13) (1210 330) 630 940  
 STAR TREK (PG-13) (100 420) 720 1020

#### UA SNOWDEN SQ STADIUM 14

9161 Commerce Ctr Dr 800-FANDANGO 570#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 IMAGINE THAT (PG) (1200 230 500) 730 1000  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (1230 130 300 400 530) 700 800 930 1030  
 MY LIFE IN RUINS (PG-13) (1205 235 505) 750 1010  
 HANGOVER (R) - ID REQ'D (1245 145 315 445 545) 715 815 945 1040  
 LAND OF THE LOST (PG-13) (1215 245 515) 810 1040  
 UP (PG) (1155 135 220 405 450) 640 720 805 950 1035  
 DRAG ME TO HELL (PG-13) 905 PM  
 NIGHT AT THE MUSEUM II (PG) (1220 250 520) 745 1020  
 OC: TERMINATOR SALVATION (PG-13) (415 PM) 935 PM  
 TERMINATOR SALVATION (PG-13) (125 PM) 650 PM  
 ANGELS AND DEMONS (PG-13) (1250 355) 705 1005  
 STAR TREK (PG-13) (100 350) 645 940

#### MAJESTIC STADIUM 20

900 Ellsworth Dr. Silver Spring, MD 240-393-4826  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1100 1140 1240 130 215 320 410 450) 600 645 730 830 930 1010 1115  
 RW & DA: TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (100 345) 625 900 1130  
 IMAGINE THAT (PG) (1120 150 420) 715 950  
 RW: IMAGINE THAT (PG) (1220 250 520) 750 1030  
 HANGOVER (R) - ID REQ'D  
 MY LIFE IN RUINS (PG-13) (1110 1225 1255 135 255 315 350 515 545) 615 740 810 840 1005 1035 1100  
 LAND OF THE LOST (PG-13) (1135 1205 235 415 455) 650 720 945  
 STAR TREK (PG-13) (440 PM) 955 PM  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1130 1230 200 300 430 530) 700 800 940 1040  
 DRAG ME TO HELL (PG-13) (110 340) 635 855 1120  
 UP (PG) (1105 125 400) 630 910  
 NIGHT AT THE MUSEUM II (PG) (1115 220 445) 725 1000  
 TERMINATOR SALVATION (PG-13) (1145 225 510) 745 1025  
 ANGELS AND DEMONS (PG-13) (105 405) 710 1015  
 STAR TREK (PG-13) (1235 325) 640 925  
 X-MEN ORIGINS: WOLVERINE (PG-13) (1125 AM 210 PM) 735 PM

#### ROYALE STADIUM 14

6505 America Blvd. Hyattsville, MD 301-864-3456  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 RW & DA: TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (1245 330) 700 930  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1215 115 255 400 525) 630 755 900 1030  
 HANGOVER (R) - ID REQ'D (1210 240 510) 740 1020  
 LAND OF THE LOST (PG-13) (1220 1250 250 320 520) 720 750 940 1010  
 MY LIFE IN RUINS (PG-13) (1240 310) 710 950  
 UP (PG) (1200 1230 230 300 500 530) 730 800 1000  
 DRAG ME TO HELL (PG-13) (1225 420) 745 1035  
 NIGHT AT THE MUSEUM II (PG) (1255 350) 650 920  
 TERMINATOR SALVATION (PG-13) (105 415) 655 935  
 ANGELS AND DEMONS (PG-13) (1205 315) 705 1005  
 STAR TREK (PG-13) (1235 410) 715 1015

#### THE HESDA 10

1717 Wisconsin Avenue 800-FANDANGO 559#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 IMAGINE THAT (PG) (1200 230 500) 730 1000  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (1140 1230 210 300 440 530) 710 800 940 1030  
 MY LIFE IN RUINS (PG-13) (1130 145 410) 650  
 HANGOVER (R) - ID REQ'D (1210 240 510) 740 1010  
 LAND OF THE LOST (PG-13) (1135 200 420) 640 920  
 DRAG ME TO HELL (PG-13) 910 PM  
 UP (PG) (1130 150 430) 700 930  
 NIGHT AT THE MUSEUM II (PG) (1220 250 520) 750 1020  
 TERMINATOR SALVATION (PG-13) (115 PM)  
 ANGELS AND DEMONS (PG-13) (1200 315) 630 930  
 STAR TREK (PG-13) (400 PM) 720 PM 1010 PM

#### BOWIE STADIUM 14

15200 Major Lansdale Blvd 800-FANDANGO 454#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 IMAGINE THAT (PG) (150 435) 710 955  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (130 200 245 400 445 530) 645 730 800 935 1000 1025  
 HANGOVER (R) - ID REQ'D (205 300 425 535) 705 805 930 1030  
 LAND OF THE LOST (PG-13) (215 455) 715 945  
 DRAG ME TO HELL (PG-13) (255 520) 750 1020  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (210 430) 700 940  
 UP (PG) (255 PM 515 PM) 745 PM  
 DANCE FLICK (PG-13) 1010 PM  
 NIGHT AT THE MUSEUM II (PG) (135 415) 705 950  
 TERMINATOR SALVATION (PG-13) (140 420) 720 1005  
 ANGELS AND DEMONS (PG-13) (325 PM) 635 PM 945 PM  
 STAR TREK (PG-13) (140 420) 720 1005

#### GALLERY PLACE STADIUM 14

701 Seventh St NW 800-FANDANGO 1721#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1145 1230 130 230) 315 415 515 615 715 815 910 950 1040  
 OC: HANGOVER (R) - ID REQ'D (1130 210) 450 730 1005  
 HANGOVER (R) - ID REQ'D (300 PM) 830 PM  
 MY LIFE IN RUINS (PG-13) 510 PM 1035 PM  
 HANGOVER (R) - ID REQ'D (100 150) 430 630 715 1000  
 ANGELS AND DEMONS (PG-13) (114 255) 500 745 1020  
 DRAG ME TO HELL (PG-13) (1222 260 325 750 1020)  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (140 410) 650 920  
 UP (PG) (1200 PM 240 PM) 745 PM  
 NIGHT AT THE MUSEUM II (PG) (1135 200) 440 705 945  
 TERMINATOR SALVATION (PG-13) (1250) 400 710 955  
 ANGELS AND DEMONS (PG-13) (120 420 725 1025  
 STAR TREK (PG-13) (110 410 720 1015  
 DANCE FLICK (PG-13) (1130 AM)

#### BALLSTON COMMON STADIUM 12

671 N. Glebe Rd 800-FANDANGO 371#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 IMAGINE THAT (PG) (150 445) 730 1010  
 DRAG ME TO HELL (PG-13) (245 520) 750 1030  
 ANGELS AND DEMONS (PG-13) (1240 310 410 620 720 955  
 STAR TREK - DP (PG-13) 700 PM 1000 PM  
 STAR TREK - DP (PG-13) (1250 355) 700 1000  
 X-MEN ORIGINS: WOLVERINE (PG-13) (100 350) 645 930  
 GHOSTS OF GIRLFRIENDS PAST (PG-13) (205 435) 705 945  
 THE SOLOIST (PG-13) (125 420) 715 1020  
 EARTH (G) PLAY (PG-13) (130 405) 630 855  
 MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING (PG) ★ (200 PM) 500 PM 810 PM  
 I LOVE YOU MAN (R) - ID REQ'D (200 PM 430 PM)  
 POTOMAC YARD STADIUM 16 (225 510) 740 1015

#### POTOMAC YARD STADIUM 16

3575 Jefferson Davis Hwy 800-FANDANGO 690#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1155 1240 120 200 240 325 405 445 525) 610 650 730 810 855 935 1015  
 OC: HANGOVER (R) - ID REQ'D (145 430) 715 955  
 HANGOVER (R) - ID REQ'D (1145 110 230 355 515) 640 720 800 925 1040  
 LAND OF THE LOST (PG-13) (130 420) 725 1025  
 MY LIFE IN RUINS (PG-13) (1205 405) 650 920  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (100 345) 630 915  
 DRAG ME TO HELL (PG-13) (150 PM 425 PM) 710 PM  
 UP (PG) (115 350) 625 910  
 NIGHT AT THE MUSEUM II (PG) (1135 220 500) 740 1020  
 TERMINATOR SALVATION (PG-13) (155 PM 455 PM) 750 PM  
 ANGELS AND DEMONS (PG-13) (1150 305) 620 940  
 STAR TREK (PG-13) (1255 340) 655 945

#### KINGSTOWNE STADIUM 16

5910 Kingstowne Towne Center 703-822-4956  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 RW & DA: TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (145 230 415 500) 715 800 955 1030  
 IMAGINE THAT (PG) (215 425) 630 905  
 HANGOVER (R) - ID REQ'D (1230 210 255 350 435 520) 615 700 745 845 930 1020  
 MY LIFE IN RUINS (PG-13) (1205 405) 650 920  
 LAND OF THE LOST (PG-13) (1215 135 405) 640 910  
 UP (PG) (125 245 510) 735 1010  
 DRAG ME TO HELL (PG-13) (1220 250 530) 755 1025  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (205 440) 705 940  
 NIGHT AT THE MUSEUM II (PG) (1250 345) 635 915  
 TERMINATOR SALVATION (PG-13) (210 315) 620 945  
 ANGELS AND DEMONS (PG-13) (1235 340) 655 945  
 STAR TREK (PG-13)

#### COUNTRYSIDE STADIUM 20

45980 Regal Plaza 800-FANDANGO 394#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★  
 IMAGINE THAT (PG) (1130 1215 115 215 300 400 500 545) 645 745 830 930 1030  
 OC: HANGOVER (R) - ID REQ'D (1240 200 340 440) 630 720 910 1000  
 MY LIFE IN RUINS (PG-13) (230 PM) 1020 PM  
 MY LIFE IN RUINS (PG-13) (1200 240 520) 800 1025  
 HANGOVER (R) - ID REQ'D (1150 1230 310 430 510 550) 710 750 840 950  
 LAND OF THE LOST (PG-13) (1220 120 320 410) 610 700 850 940  
 UP (PG) (1210 1250 140 250 330 420 530) 650 820 925  
 DRAG ME TO HELL (PG-13) (1155 245 535) 810 1035  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1135 210 450) 730 1010  
 DANCE FLICK (PG-13) (130 PM)  
 NIGHT AT THE MUSEUM II (PG) (100 350) 640 920  
 TERMINATOR SALVATION (PG-13) (1235 325) 615 905  
 ANGELS AND DEMONS (PG-13) (1140 305) 625 945  
 STAR TREK (PG-13) (405 PM) 705 PM 1005 PM  
 X-MEN ORIGINS: WOLVERINE (PG-13) 620 PM 900 PM  
 GHOSTS OF GIRLFRIENDS PAST (PG-13) (150 PM)

#### FOX STADIUM 16

22875 Crawford Plz. Asbun, VA 703-957-1035  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (210 450) 740 1015  
 RW & DA: TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (1230 310) 600 840  
 IMAGINE THAT (PG) (130 420) 700 930  
 HANGOVER (R) - ID REQ'D (1240 120 220 300 350 440 530) 630 720 800 900 945 1030  
 MY LIFE IN RUINS (PG-13) (110 340) 610 830  
 LAND OF THE LOST (PG-13) (1210 140 240 510) 750 920 1035  
 UP (PG) (1250 320 410 550) 640 810 1040  
 DRAG ME TO HELL (PG-13) (115 345) 620 850  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1200 230 500) 730 1000  
 DANCE FLICK (PG-13) (100 PM)  
 NIGHT AT THE MUSEUM II (PG) (145 415) 710 940  
 TERMINATOR SALVATION (PG-13) (150 330) 745 1025  
 ANGELS AND DEMONS (PG-13) (1220 330) 650 845  
 STAR TREK (PG-13) (400 PM) 715 PM 1010 PM

#### FAIRFAX TOWNE CENTER 10

4110 W. Oke Road 800-FANDANGO 570#  
**Adv. Tix on Sale** the PROPOSAL  
**Adv. Tix on Sale** the YEAR ONE  
**Adv. Tix on Sale** TRANSFORMERS: REVENGE OF THE FALLEN  
 IMAGINE THAT (PG) (1155 230 505) 740 1015  
 TAKING OF PELHAM 1 2 3 (R) - ID REQ'D ★ (1140 1230 120 220 310 400 500 550) 640 730 830 920 1010  
 LAND OF THE LOST (PG-13) (1200 1250 140 320 420) 630 720 910 950 1020  
 UP (PG) (1240 240 330 515) 620 750 850  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (1130 200 400) 700 940  
 NIGHT AT THE MUSEUM II (PG) (1150 215 440) 710 945

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 MY LIFE IN RUINS (PG-13) (310 PM) 630 PM 920 PM  
 HANGOVER (R) - ID REQ'D (1215 1245 245 315 515 545) 745 830 1015  
 LAND OF THE LOST (PG-13) (1230 115 345) 615 845  
 DRAG ME TO HELL (PG-13) (240 530) 800 1045  
 UP 3D - SPECIAL EVENT PRICING (PG) ★ (215 445) 715 945  
 UP (PG) (130 400) 630 900  
 NIGHT AT THE MUSEUM II (PG) (1220 300) 600 840  
 TERMINATOR SALVATION (PG-13) (320 PM) 750 PM 1030 PM  
 ANGELS AND DEMONS (PG-13) (210 PM) 610 PM 950 PM  
 STAR TREK (PG-13) (100 410) 720 1020



# Are you an overweight woman?

**What:**  
To study the effects of a medication that might make people feel less hungry.

**Who:**

- Healthy overweight women
- Age 18-70
- Non-smokers without asthma or diabetes

**Where:**  
NIH Clinical Center in Bethesda, MD.

There is no charge for study-related tests or medications.  
Compensation will be provided.

For information please call:  
**301-594-3198**  
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Se habla español  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
keyword BETAHISTINE  
Refer to study # 07-CH-0126



Department of Health and Human Services  
National Institutes of Health  
NIH Clinical Center

# Are You Anxious?

Do you generally experience more tension, nervousness, or anxiety than your friends or family?

If so, you may be interested in participating in research studies involving:

- Thorough mental health assessment
- Brain imaging
- Emotional response tests
- Computer-based tasks
- 3-4 outpatient visits at the NIH Clinical Center

Participants must:

- Be between 18-55 years of age, and medically healthy.

**Financial compensation is available for participation.**  
For more information call:  
**1-888 644 2694/ (1-888-NIH-ANXI)**  
(TTY: 1-866-411-1010)  
Clinical Center is in Bethesda, MD  
<http://patientinfo.nimh.nih.gov> or for other studies: [www.clinicaltrials.gov](http://www.clinicaltrials.gov) 03-M-0185



**The National Institute of Mental Health**  
National Institutes of Health, Department of Health & Human Services



**NIMH**  
National Institute of Mental Health

# lookout television

## A Hero Lies in Smith

**NURSE** | What kind of busy nurse still looks fabulous after a sleepless night of grief-induced insomnia? The kind of nurse played by Jada Pinkett Smith on "Hawthorne" (9 p.m., TNT).

Within moments of meeting Christina Hawthorne, we see her bounding past hospital security at 5 a.m., rushing upstairs and determined to save a would-be jumper who has chosen his big gesture to coincide with the first anniversary of Hawthorne's husband's death. She's a nurse! She's a widow! She's a superhero!

Hawthorne is apparently filled with guilt about her husband's death, and when she isn't, her daughter and mother-in-law are happy to remind her. "Hawthorne" piles one crisis on top of another, to



Jada Pinkett Smith stars as a larger-than-life nurse on TNT's "Hawthorne."

distract us from the fact that the glamorous Smith just isn't all that convincing in this role.

"Hawthorne" becomes the second nurse drama to debut on cable in the space of one week. Like "Nurse Jackie" (starring Edie Falco), there are many subplots about the arrogance of doctors and the compassion of nurses. But while "Jackie" has dispensed with the frantic "ER"-inspired action, the onslaught of medical emergencies and miniature soap operas on "Hawthorne" seems to have the opposite intention and effect. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

## tonight's lineup

**REVISITING HOUR**  
Documentary filmmakers return to a Louisiana prison in **A DECADE BEHIND BARS: RETURN TO THE FARM** (8 p.m., National Geographic).

**YEE-HAW!**  
Bill Engvall hosts the **2009 CMT MUSIC AWARDS** (8 p.m., CMT).

**ROUGH DAYS AT WORK**  
On tonight's Frontline (9 p.m., PBS), **BREAKING THE BANK**, Merrill Lynch head John Thain and Bank of America chairman Ken Lewis join others to describe what it was like to be inside the financial meltdown of 2008.

**THE HUNT IS ON**  
Crab season heats up on **DEADLIEST CATCH** (9 p.m., Discovery).

**IMAGINARY FRIEND**  
A patient's favorite video game exists only in his imagination on **MENTAL** (9 p.m., Fox).

**EVERYBODY WINS**  
Can living "green" make your life eas-



Holly Hunter is back as a vice-ridden cop for a third season of "Saving Grace."

ier? **THE LAZY ENVIRONMENTALIST** (9 p.m., Sundance) thinks so.

**BRINGING EDGY BACK**  
The cop drama **SAVING GRACE** (10 p.m., TNT), starring Holly Hunter, returns for Season 3.

**CURB YOUR EXCITEMENT**  
Conan O'Brien hosts Larry David, Lauren Conrad and Gavin Rossdale on **THE TONIGHT SHOW** (11:35 p.m., NBC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)



# Progress, Not Perfection

## '10 Mercedes E-class assists tired drivers, lacks interior styling

**SAFETY FIRST** | Several years ago, while on assignment for a magazine, I participated in an experiment with Mercedes-Benz that involved my being wired up like a lab monkey and driving across the Austrian Alps in an E500, about 10 hours of hell-bent "berggeblitzen" (not officially a German word). The biometric readings later were plotted against the car's telemetry in an effort to measure the effects of fatigue on my driving.

Wrote the story, cashed the check and that was that. Until I got into the new-for-2010 E-class and discovered the Attention Assist system, which — lo and behold — detects the gradual raggedness in driver inputs that betray drowsiness. The boys in white lab coats have been busy.

If the car senses erratic steering and rapid corrections, the tell-tale signs of fatigue, the Attention Assist will advise you to get some rest as it displays a big coffee cup icon in the instrument panel.

Attention Assist is just one of a dozen or more marquee safety systems Mercedes has piled



The Mercedes-Benz E250 CDI is an astonishing piece of machinery that gets 44 mpg.

onto the E-class for 2010, and it's clear at the outset that Mercedes is returning to safety as a transcendent brand value after years of marketing itself as the spoils of well-paying bad behavior.

Many of these systems — the Blind Spot Assist, Distronic distance-keeping cruise control, the Brake Assist Plus — are transferred from the S-class.

One I like a lot is the Speed Limit Assist, which can read speed limit signs and post the number in the instrument cluster.

I absolutely love ignoring this feature.

Suddenly, the E-class is, again, the car for grown-ups.

The E-class tells me somebody at the board level said, "Fix it." And here is why, when people ask me what kind of car to buy, I always say, if you can afford it, Mercedes-Benz.

The new E-class is a fantastic car but for one huge, agonizing, inexcusable error.

What's the tragic flaw in our hero? Geez, of all things, the

### NUTS & BOLTS

→ MERCEDES-BENZ E250 CDI

**\$48,000**

**Powertrain:** 2.2-liter four-cylinder turbocharged common-rail diesel engine; six-speed manual transmission; rear-wheel drive | **Wheelbase:** 113.1 inches | **Measurements:** 191.6 inches long, 3,817 pounds | **Horsepower:** 204 at 4,200 rpm | **Torque:** 368 pound-feet at 1,600-1,800 rpm | **EPA fuel economy:** 44 mpg city/highway combined.

interior materials. Ugh. Especially in the "Elegance" package (the other upgrade package is Avant Garde, which looks more promising) — the burred walnut wood looks like something out of a Happy Meal.

There are some nice touches — the optional wraparound ambient cabin lighting, for instance. But, honestly, if you gave me this car, I'd glue orange shag carpet on the dash like in my friend's old surf van before I rode around looking at that hot sweet mess.

As they say in 12-step programs: progress, not perfection.

DAN NEIL (LOS ANGELES TIMES)

### DISCUSSIONS

## REAL WHEELS

**What do you think of the Kia Rondo? It seems like a good option for my family, but I'm wondering how reliable it is.**

The Kia Rondo is a perfectly good hauler of families and their stuff. It is less than attractive stylistically. But eye-popping design isn't the reason to buy this one. It's a utility/service vehicle, as safe and reliable as the Subaru Forrester and Honda CR-V. It's not nearly as much fun to drive as those Japanese rivals. But it comes with a better warranty.

**The Kia Rondo is a perfectly good hauler of families and their stuff.**

**Is the Hyundai Genesis as good as most of the reviews claim? This is new territory for Hyundai.**

Yes. But I much prefer the sedan version of the Genesis. The coupe version feels a tad cheap. But, overall, the Genesis represents a strong move forward by Hyundai in the North American market.



**washingtonpost.com**

Columnist Warren Brown is online Fridays at 11 a.m. to answer questions on every aspect of the automotive industry.

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Poll Center

WHICH INTERNATIONAL SITUATION ARE YOU MORE CONCERNED ABOUT?

YESTERDAY'S RESULTS AS OF 5 P.M.

N. KOREA 65%  
IRAN 35%

"I don't think there's any comparison between the two at all. North Korea is far more dangerous than Iran. North Korea already has atomic weapons and the capability to launch them. [It has] also tested [its] weapons multiple times."

COMMENTER CHRIS, WHO ADDED, "IRAN IS AN AUTHORITARIAN STATE BUT NOT A POLICE STATE LIKE NORTH KOREA."

"I'd say North Korea, as it appears that the 'dear leader' has become even more delusional than he used to be. He has become a total whack job and is really unpredictable."

COMMENTER JH, WHO ADDED, "IT APPEARS THAT FOR SOME TWISTED REASON, HE WANTS TO PROVOKE A CONFRONTATION."

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"IRAN, TRY AS I might, I can't take you seriously when you continue to allow a man in a Banana Republic windbreaker to run your country."

@WILLIEGEISTI OF MSNBC'S "MORNING JOE" TWEETS ABOUT THE FASHION SENSIBILITIES OF IRANIAN PRESIDENT MAHMOUD AHMADINEJAD.



REBECCA D'ANGELO/FTWP



"THEY HAVE NURSES as waitstaff, and they even serve an 8,000-calorie sandwich called the Quadruple Bypass Burger. Basically, if you eat there, you're telling the rest of the world that you deserve to die."

LISTENTOLEON.NET IS ASTONISHED BY THE PRACTICES OF THE HEART ATTACK GRILL IN ARIZONA, ADDING, "I DO RESPECT THE FACT THAT THE PLACE IS UP FRONT."



"I'd also forgotten how much fun it is to go to the Kennedy Center. Even if the show is horrible, walking through the huge halls is so much fun."

BLOG.URBANBOHEMIAN.COM SAW LYNDA CARTER SING THERE OVER THE WEEKEND, ADDING, "I'M GOING TO HAVE TO TAKE ADVANTAGE OF [ITS] FREE EVENING EVENTS MORE OFTEN."



"It doesn't take a teacher with 15 years of experience to see what's wrong with the DCPS. But it does take someone with bravado and with guts to fight the fight for the students."

DCTEACHERCHIC.BLOGSPOT.COM STANDS BEHIND D.C. SCHOOLS CHANCELLOR MICHELLE RHEE, WHO WAS PROFILED IN MONDAY'S WASHINGTON POST AND HAS TAKEN HEAT FOR HER BRASH, IN-YOUR-FACE STYLE OF LEADERSHIP.

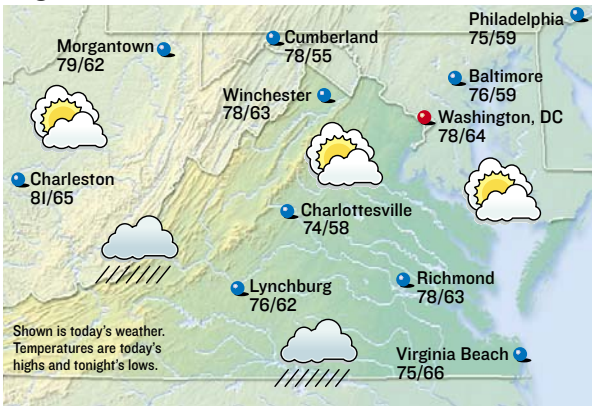
"I WAS GATHERING clothes for my mother to wear for her funeral. So, I go into her room and I am looking for her undergarments and, behold, look what I found. ... Why does this 61-year-old woman have thongs?"

MYLABMANUAL.BLOGSPOT.COM ENCOUNTERED AN EYE-OPENER WHEN PICKING OUT HER MOTHER'S FINAL RESTING OUTFIT.

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Partly sunny	Mostly cloudy	Clouds and sun; breezy, cooler	Rather cloudy, a t-storm possible	A couple of showers possible	Some sun with a t-storm or two; hot
78°	64°	70° / 63°	78° / 66°	87° / 73°	91° / 70°

Regional Weather



Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature	
High	81°
Low	66°
Normal high	84°
Normal low	65°
Average humidity	59%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	3.98"
Normal month to date	1.59"
Year to date	21.25"
Last year to date	26.81"
Normal year to date	17.62"

For up-to-the-minute weather, see: [washingtonpost.com/weather](http://washingtonpost.com/weather)

Regional Forecast

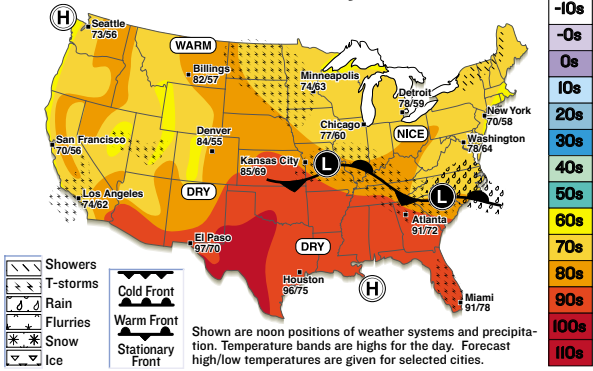
D.C. Metro: Today, partly sunny. High 78. Wind south-southeast 7-14 mph. Tonight, mostly cloudy. Low 64. Wind east-southeast 7-14 mph.

Sun and Moon

Sunrise today	5:42 a.m.
Sunset tonight	8:35 p.m.
Moonrise today	1:06 a.m.
Moonset today	2:00 p.m.



National Weather for Tuesday, June 16



National Cities

City	Today Hi/Low/W	Wed. Hi/Low/W
Atlanta	91/72/t	90/73/t
Boston	64/50/pc	69/54/s
Chicago	77/60/t	78/61/t
Dallas	99/77/s	99/77/s
Denver	84/55/t	85/56/c
Honolulu	88/75/s	88/76/pc
Los Angeles	74/62/t	78/62/pc
Miami	91/78/t	89/76/t
New York City	70/58/pc	73/61/pc
Orlando	93/74/t	95/74/t
Seattle	73/56/pc	68/56/c

World Cities

City	Today Hi/Low/W	Wed. Hi/Low/W
Amsterdam	64/52/sh	68/57/pc
Athens	88/73/s	91/76/s
Berlin	68/50/sh	72/55/s
Buenos Aires	57/43/pc	63/48/pc
Calgary	76/51/pc	70/49/t
Dublin	68/50/pc	64/48/r
Geneva	78/55/pc	80/56/pc
Moscow	72/54/sh	68/45/r
Rome	82/61/s	85/67/pc
Sydney	59/50/sh	57/52/sh
Tokyo	76/64/sh	74/66/sh

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.



**Bizarro** | Dan Piraro**Cornered** | Mike Baldwin**Horoscope**

By Stella Wilder

**GEMINI (May 21-June 20)** Your own growing ambition may actually surprise you. See what you can make of it—starting right now.

**CANCER (June 21-July 22)** You'll have trouble overcoming an obstacle that you have created for yourself. Unusual forces may be at work that you must get used to.

**LEO (July 23-Aug. 22)** Others aren't likely to understand what it is you're really up to—and you're not in a position to explain yourself fully just yet.

**VIRGO (Aug. 23-Sept. 22)** You may find yourself coming up against a new idea that challenges much that you've taken for granted lately.

**LIBRA (Sept. 23-Oct. 22)** A reunion of sorts will color the way you look at coming events. The time has come, perhaps, to welcome a new ally into your circle.

**SCORPIO (Oct. 23-Nov. 21)** It may be useful for you to retrace some of your steps. Don't get caught in any old traps.

**SAGITTARIUS (Nov. 22-Dec. 21)** You

and a friend may get caught up in an old but friendly rivalry once again. Your skills have surely improved—are you ready?

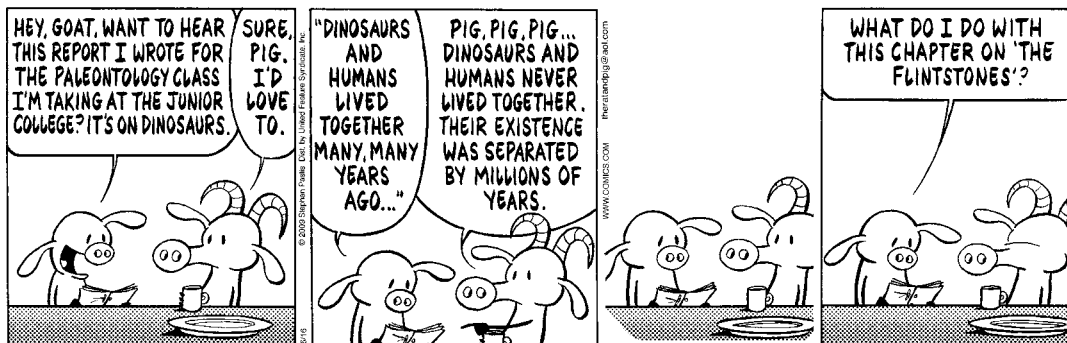
**CAPRICORN (Dec. 22-Jan. 19)** You may have trouble coming up with a plan that takes all eventualities into account at this time. Take things one step at a time.

**AQUARIUS (Jan. 20-Feb. 18)** Now is no time to make a claim to that which is in dispute. Consider where you have come from and where you are going; don't be premature.

**PISCES (Feb. 19-March 20)** Your youthful spirit and willingness to jump into new situations will serve you well, as more than one attractive option presents itself.

**ARIES (March 21-April 19)** It's important that you consider things from a realistic, even conservative point of view. Focus on that which you know best.

**TAURUS (April 20-May 20)** Loyalty is the key to progress at this time. It's important that you and a friend believe in each other faithfully.

**Pooch Cafe** | Paul Gilligan**Pearls Before Swine** | Stephan Pastis**The Duplex** | Glenn McCoy**Today in History**

**1858** As he accepts the Illinois Republican Party's nomination for U.S. Senate, Abraham Lincoln says the slavery issue has to be resolved, declaring, "A house divided against itself cannot stand."

**1903** Ford Motor Co. is incorporated.

**1958** The Supreme Court, in *Kent v. Dulles*, rules that artist Rockwell Kent cannot be denied a passport because of his communist affiliations.

**1976** Riots break out in the black South African township of Soweto.

**1978** President Jimmy Carter and Panamanian leader Omar Torrijos exchange the instruments of ratification for the Panama Canal treaties.

**2004** Rebuffing Bush administration claims, the independent commission investigating



Tiger Woods plays on an injured knee June 16, 2008, winning the U.S. Open.

the Sept. 11 attacks says no evidence existed that al-Qaeda had strong ties to Saddam Hussein.

**2008** Tiger Woods, playing on an injured knee that later required season-ending surgery, wins an epic U.S. Open after a 19-hole playoff with Rocco Mediate.



lookout people



Usher's lawyer is looking forward to a tickle fight for custody and alimony.

SOFT  
First Blow in Custody Battle Made With Pillow

Sports and entertainment family lawyer Randy Kessler said Monday that his new client, **TAMEKA FOSTER RAYMOND**, was a "faithful wife and loving mother" while married to **USHER**. He declined to comment on the singer's conduct. (AP)

ACTIVITIES  
'Let's Get a Landlocked State Upset About Sea Life'

Police have decided against pursuing a criminal vandalism case against **JESSICA ALBA** over some posters that were plastered across Oklahoma City. Police found the posters — aimed at raising awareness about sharks' declining numbers — glued to a bridge, utility boxes and a billboard. (AP)

**expressnightout**  
Find the latest celebrity news and photo evidence of stars' sordid lives at [WWW.EXPRESSNIGHTOUT.COM](http://WWW.EXPRESSNIGHTOUT.COM).

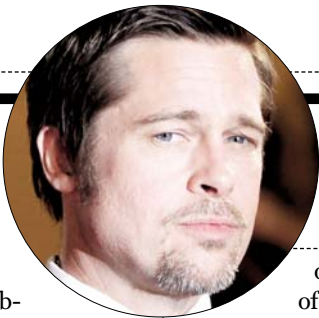


TRIUMPHANT RETURNS  
Britain's Got Its Talent Back

**SUSAN BOYLE** rejoined the "Britain's Got Talent" live tour Monday, her spokeswoman said. The representative said the 48-year-old Scottish singer took a break Sunday but is scheduled to perform in Glasgow on Monday night. "She had one rest day, but she will be back onstage tonight," she said, adding that she expected Boyle to participate in the rest of the tour. (AP)

MISCHIEF  
Angelina Lets Brad Loose With The Checkbook

**BRAD PITT** and his siblings have given \$1 million to help a Springfield, Mo., hospital open a new pediatric cancer center that will be named for their mother. Pitt and his siblings' families — Doug and Lisa Pitt, and Rob and Julie Neal — gave the money to St. John's Hospital in Springfield, Mo.,



He also went to Hooters and bought a couple ATVs.

on Saturday in honor of their mother's passion for children's issues. The hospital is opening the Jane Pitt Pediatric Cancer Center this summer in the town where the Pitts grew up. The donation will pay to hire the only pediatric oncologist and hematologist in the southwest Missouri region. (AP)



Sharing a hairstyle is also an important form of husband and wife bonding.

SEE PHOTO  
Couple Share Love Of Plunging Necklines

**DREA DE MATTEO** and longtime boyfriend **SHOOTER JENNINGS** are engaged. A publicist for de Matteo says Jennings proposed to the actress at his concert in Utica, N.Y., Thursday. Jennings took de Matteo by surprise when he called her to the stage to pop the question. The couple have an 18-month-old daughter, Alabama. (AP)

SCOUTING  
Badge Honors Successful Purchase of Dollywood Ticket

**DOLLY PARTON** delighted 400 Tennessee Girl Scouts when she made a surprise appearance at a Pigeon Forge ceremony to present them with the "Coat of Many Colors" patch. Created in Parton's honor, the patch requires Scouts to help others and then design a collage of what makes them special. (AP)





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# puzzles lookout

## CROSSWORD | A THOUSAND TIMES NO

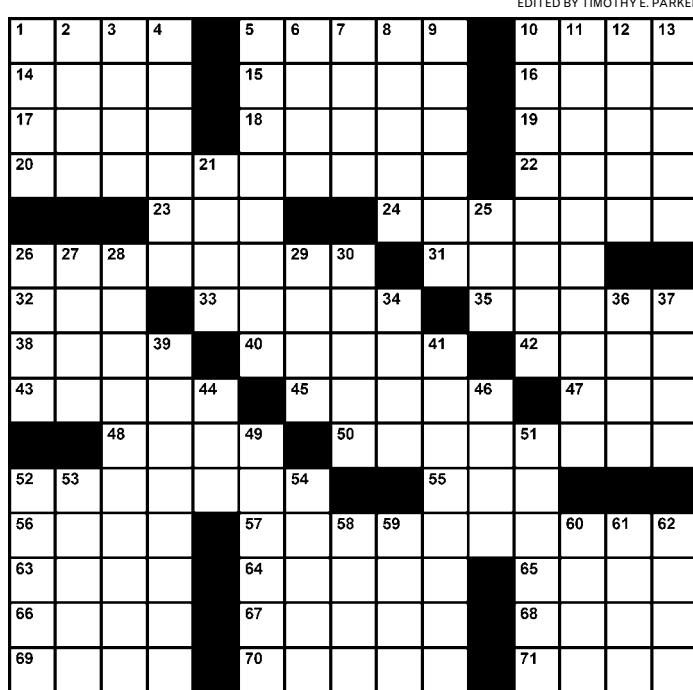
### ACROSS

1 Bambi, at story's end  
5 Crossers in fencing  
10 RR train operator  
14 Symbol of holiness  
15 Slow down, as rainfall  
16 Like some homers  
17 River through southern Russia  
18 Make immune, as to violence (var.)  
19 You may come to it  
20 Best-seller category  
22 It hangs from a home  
23 Summer hours in D.C.  
24 Brackets for candles  
26 Thoughtful soul  
31 Price tag word  
32 "I love," to Ovid  
33 Philly hoopster  
35 Phobias  
38 Weekend warrior's org.  
40 Us Weekly subj.  
42 Attention-getting sound  
43 Guest beds?  
45 Crab-walk  
47 Apr. workhorse  
48 Daunting type of exam  
50 Kind of call  
52 Scheme ruiner  
55 A superstar's may need massaging  
56 "And another thing"  
57 Restaurant section  
63 "Arrivederci"

64 Urania's sibling  
65 "The same as mentioned," in footnotes  
66 Sherman's word for war  
67 Tangent, for one  
68 Bossa \_\_\_\_  
69 Unspecified people  
70 Trimmed of wool  
71 Narrow lowland

### DOWN

1 Avoid  
2 Certain edible tuber  
3 Oscar winner Arkin  
4 Spoiled a good walk, per Mark Twain  
5 Gas partner  
6 Confined (with "up")  
7 Container for small toiletries  
8 Bucks across the pond  
9 "King of Queens" character  
10 Perfumes, e.g.  
11 "When donkeys fly!"  
12 "If it doesn't fit, you must acquit" evidence  
13 Ali's "Rumble in the Jungle" supporters  
21 "Beware the \_\_\_\_ of March"  
25 Big klutz  
26 Trojan and Korean  
27 "Typee" continuation  
28 Notice at an art gallery, sometimes

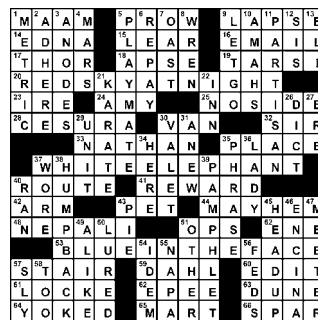


EDITED BY TIMOTHY E. PARKER

29 Custody sharers, often  
30 Antique artifact  
34 Try again from square one  
36 Converses, '60s style  
37 Fix a hot dog?  
39 Commuters' cost-savers  
41 Seldom-seen occurrence  
44 "Rebel Without a Cause" star Mineo  
46 "Cogito \_\_\_\_ sum"  
49 Introverted sorts

51 Puffing, as a cigarette  
52 Extremely masculine  
53 Native's opposite  
54 Ark contents  
58 Peace gp. since 1949  
59 Turnkey's workplace  
60 "American \_\_\_\_"  
61 "Party of Five" actress Campbell  
62 Dillinger chaser

### Yesterday's Solution



## SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See [www.sudoku.com](http://www.sudoku.com) for solution, tips and computer program.

### Need more Sudoku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

### Yesterday's Solution

2	5	9	3	1	8	6	4	7
6	1	8	7	2	4	5	3	9
4	7	3	6	5	9	1	8	2
9	2	6	5	4	1	3	7	8
5	8	7	2	6	3	9	1	4
3	4	1	8	9	7	2	5	6
7	9	4	1	3	6	8	2	5
1	6	5	4	8	2	7	9	3
8	3	2	9	7	5	4	6	1

			5	4				
	5						7	
	9		7	8				3
	8				1		6	
4			8	6				9
3		6					8	
8				6	5		2	
9							1	
		7		4				

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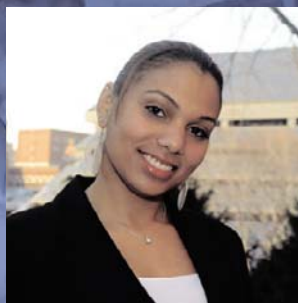
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